# Arctic Health Information Portal: Collaborations and Enhancements

Final Report

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Paula Maez

NLM Associate Fellow, 2008-2009

**Project Leader**:

Laura Bartlett, Technical Information Specialist, Specialized Information Services

**Project Consultant:**

Kathy Murray, Director, Alaska Medical Library, University of Alaska Anchorage

National Library of Medicine

8600 Rockville Pike

Bethesda, MD 20894

**Table of Contents**

[ACKNOWLEDGEMENTS 3](#_Toc468455535)

[SUMMARY 4](#_Toc468455536)

[INTRODUCTION 5](#_Toc468455537)

[PROJECT OBJECTIVE 6](#_Toc468455538)

[METHODS 6](#_Toc468455539)

[FINDINGS 7](#_Toc468455540)

[IMPLEMENTATION 7](#_Toc468455541)

[DISCUSSION/REFLECTION 12](#_Toc468455542)

[REFERENCES 15](#_Toc468455543)

[APPENDIX I 16](#_Toc468455544)

[APPENDIX II 40](#_Toc468455545)

[APPENDIX III 42](#_Toc468455546)

[APPENDIX IV 71](#_Toc468455547)

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## SUMMARY

**Objective:** The primary objective of this project was to enhance the consumer health topics section of Arctichealth.org, a Web site to bring together in one location, information on diverse aspects of the Arctic environment and the health of northern peoples.

**Methods:** Paula Maez, Associate Fellow and project participant, conducted an assessment of the existing consumer health topics section, and conducted an environmental scan of current resources in circumpolar health and health issues concerning cold climate.

**Findings:** The assessment of the existing consumer health topics section resulted in recommendations of a reorganization of the Web site as well as deletion of some out of date and non-relevant resource links. The environmental scan resulted in recommendations for a revised list of categories for the health topics section, new materials to add to the site, and collaborations with circumpolar groups that may have unique resources and special collection that could be included in the site. In the process of identifying Web sites and resources for inclusion, the Medlinplus.gov and Specialized Information Services standard criteria for health Web sites were expanded to meet the cultural and health specific information needs of this special population. Approximately 360 sites/links will be reviewed and added to the Web site.

**Conclusion:** From the assessments, scans, and recommendations, the Arctic Health Web site consumer health topics section has been enhanced by including quality and population specific health information for native peoples of the circumpolar region. The Web site is currently being updated with the Associate Fellow’s recommended resources, and entities for collaborations are currently being considered as well. Paula will be presenting a poster at the 2009 International Congress on Circumpolar Health in Yellowknife, Canada to discuss arctichealth.org, focusing on the consumer health topics section of the Web site.

## INTRODUCTION

The Arctic Health Web site ([www.arctichealth.org](http://www.arctichealth.org)) is a collaborative effort between the Alaska Medical Library, University of Alaska Anchorage, and the National Institutes of Health, National Library of Medicine, Special Information Services, Outreach and Special Populations Branch. The goal of the Web site is to bring together, in one location, information on diverse aspects of the arctic environment and the health of northern peoples. It provides access to evaluated health information from hundreds of local, state, national, and international agencies, as well as from professional societies, universities and Alaska Native and indigenous communities [1]. The Web site contains several resources for both researchers and consumers with topic areas that include: publications and research, environmental health, traditional healing, health topics, telehealth/telemedicine, and information on government organizations and programs. A climate change and circumpolar health section is being developed and seeks to provide access to unique and special collections not currently available on the Internet.

The Arctic Health Web site has also made several unique and special collections available for use on the Internet. The traditional healing portion offers interviews and video panel discussions about traditional healing and practices in the Alaska Native community. The site also includes robust databases containing bibliographic information, research projects and grey literature as well as collections of photographs and video media related to health issues of the northern indigenous populations. The Arctic Health Web site strives to locate, preserve and provide access to special collections for future generations.

The Web site was unveiled in 2001 by the National Library of Medicine some 20 years after the need for such a resource was identified. In 1983 a booklet published by the American Public Health Association recommended developing “an arctic health information repository and clearinghouse to provide ready access by health care and research professionals to previously published and unpublished articles and reports pertinent to the Arctic and to provide a system for rapid dissemination of new results, and a computerized directory of scientists with arctic health expertise” [2]. In 2000, attendees at a conference on Arctic Development, Pollution, and Biomarkers of Human Health built consensus and developed recommendations regarding future activities on human biomarkers in the arctic. Some of them included: encourage sensitivity for the culture, lifestyle, interests, and needs of arctic inhabitants; establish, coordinate, and maintain databases on the health of the arctic environment and its inhabitants; promote community outreach and education; promote multidisciplinary partnerships [3]. After this conference, the National Institutes of Health Office of Intramural began the Arctic Health Disparities Research Dissemination Network, an initiative envisioned as a central point for accessing health information aimed at Alaska Natives and other indigenous peoples of the Arctic. The National Library of Medicine then committed to developing a Web site to organize and disseminate this information [4]. In 2003, the Alaska Medical Library, University of Alaska Anchorage, took responsibility for the continued development and long term management thus leading to the partnership between NLM and the Alaska Medical Library that still currently exists.

## PROJECT OBJECTIVE

The overall project objective was to enhance the consumer health section of the Arctic Health Web site. The primary focus of the health topics section was toward Alaskan health resources in general, such as state health department, local government and non-profit agencies. It was recognized that the current resources were limited to only the general population of Alaska, and not necessarily highlighting or providing resources about Alaska Natives or other indigenous populations of the Arctic. It was determined that the health topics section would be enhanced by identifying and recommending new resources that provided consumer health information on diverse aspects of the Arctic environment and the health of all northern peoples, including specific resources for indigenous populations.

## METHODS

After assessing the project objective, the first step was to identify goals to complete the overall enhancement of the health topics section. The goals that were developed included:

* Identifying sub-categories for resource link ordering
* Ordering of current resource links into the appropriate sub-category and determining if the resource should stay or be deleted
* Reviewing the current health topics and determine if revisions are needed
* Conducting an environmental scan of other resources available
* Identifying new resources/links to include on Web site
* Identifying and recommending possible institutions/organizations for collaboration

These goals were generated with the project objective in mind but also the feasibility of completion based on the time allowed for the project.

Next, the consumer health topics section was evaluated. This included not only the physical layout of the section but also the types of health topics and the types of resources on the site. The health topics section’s layout was analyzed for ease of use and understanding for users. Additionally, the types of health topics were analyzed based on diseases and conditions that are most prevalent in the Arctic.

An environmental scan of the current resources in circumpolar health and health issues concerning cold climate was then conducted. This scan included gleaning the resources on the health topics section for ideas of places to look or directions to search. Additionally, national organizations, tribal and native village Web sites, and SIS’s American Indian Health[[1]](#footnote-1) Web site were searched for resources. From there, “berry picking” or linking from there to other resources was conducted. The Google search engine was used to see what results could be obtained using specific key words. These words included: Alaska Native; Arctic Native, Indigenous of the North, Inuit, Metis, First Nations, and Canadian Aboriginal. Keywords about a specific health topic, cancer for example, were included in the search strategy as well. When repeating results began to appear, I determined that the specific search strategy had been exhausted and I moved on to another search.

## FINDINGS

From the assessment and environmental scan it was determined that there was a need for reorganization of the content within the individual pages of the health topics section. The individual pages, such as heart disease, would include a long list of links which was not very helpful to the user trying to find a specific resource type such as statistics, organizations, or information for consumers or health professionals. Another finding included resources that were deemed inappropriate for the scope and aim of the health topics section or links that no longer worked. Also, the need for a revised list of health topics and new materials to add to the site was determined. Finally, the site was missing institutions and organizations for possible collaboration for new material for the site.

## IMPLEMENTATION

It was clear from the findings of the assessment and environmental scan that many improvements needed to implemented in order to enhance the health topics section of the Arctic Health Web site and complete the overall objective of the project.

First it was necessary to create sub-categories so that links on each of the health topic pages were organized into sections. This would enable the user to easily find specific information they were looking for. I decided to use an organization similar to the other special population Web sites from SIS, such as the American Indian Health and Asian American Health because those Web sites had been user tested for understanding and ease through individual focus groups with consumer or health professionals. After much consideration, it was determined that 4 sub-categories would be implemented to organize resources/links that were already present on the site as well as those that were to be discovered and added later on in the project. These 4 sub-categories included: General Health Information; Our Health; Our Stories; and Organizations, Programs, and Tools. Each category would contain information resources/links specific to its title. See Figure 1.

**Figure 1: Arctic Health Web site Health Topics homepage**



In Figure 1, the Health Topics home page explains to the user exactly what each sub-category will include: General Health Information section includes resources for understanding symptoms, diagnosis and treatment, Our Health includes information addressing how the health topic affects people of the Arctic, and Our Stories includes information that uses storytelling traditions, like those of Alaska Natives, to discuss personal experiences as they relate to the health topic. Lastly, Organizations, Programs, and Tools include information on locally and nationally available resources and programs for northern peoples of the circumpolar region. The sub-categories, when appropriate, are also on each individual health topic page such as cancer and AIDS/HIV. See Figure 2

**Figure 2: AIDS/HIV Health Topic Page**



These sub-categories were implemented on the resources that were currently on the health topics section of the Arctic Health Web site. Using an Excel spreadsheet, I input and examined every resource/link on each topic page to determine what category it belonged to. See Appendix I. This approach was used so that every current link on the site would be evaluated and categorized to create a master document of links to be moved/added within the health topics section of the Web site. During the categorizing of every resource/link into sub-categories, I also scanned each one for appropriateness and relativity based on the nature and scope of the health topics section. I checked on whether or not the resource/link was up to date or if the resource was connected to a valid or working link. This information was also included on the Excel spreadsheet (see Appendix I) to aid in later decision-making as to whether to include or not in the final Web site enhancement. These suggestions are visible through color coding of the spreadsheet; no color indicated the resource/link would remain on the site, yellow indicated the resource/link may possibly stay or be deleted but needed to be assessed by the project leader as well, and red indicated the resource/link needed to be deleted. A small description of the resource and motive for deletion or maintaining was included as well. See Appendix I.

After review of the current resources/links on the Excel spreadsheet it was determined by my project leader and I that many deletions needed to be implemented. Before the assessment, the Web site included approximately 404 resources/links and after the assessment approximately 250 of those resources/links have or will be deleted. These resources were deleted because they no longer fit the scope and nature of the consumer health topics section or were no longer an available resource. Implementation of resource/link deletion is still currently being performed.

Another implementation that has been carried out is reducing the amount of health topics on the Web site. There were too many topics, leading to a confusing presentation on the Web site and lacked the advantages of sub-categories or groupings of health topics for easier browsing. All of the research partners agreed that the main health topics would be reduced from 30 to 12. We also noted that the health topics needed to be reorganized because they were overwhelming for the user. Some topics were specific conditions and diseases such as cancer and high blood pressure, others were more of a demographic nature such as women and men, and other were indicators/factors of health such as nutrition and exercise. It was also important to pare down and focus on diseases and conditions that are most prevalent in the Arctic. The health topics that had been on the site were of too many diseases and conditions that had little to no Arctic-centric, specific content. The Alaska Medical Library advised us on which topics should remain or be added based on information they gathered from research and local statistics from clinics and centers. Additionally, the previous alphabetic list of health topics did not seem sufficient. Some of the topics contained content that needed to be parsed out into subtopics rather than long lists, or a hodge-podge of information. As a result the Web site includes 32 subtopics. See Appendix II. It was also necessary to have this many main topics and subtopics due to the large amount of content found that was later added to the site.

The health topic and sub-topic list in Appendix II, introduced cross-referencing for subtopics that could appear in more than one place such as HIV/AIDS. It is listed as both a main topic but is also a sub-topic under the “disease and conditions” topic.

The environmental scan for Web resources resulted in many interesting and unique resources/links that have been and are currently being implemented onto the Web site. Many of the resources were aimed specifically to the population of the circumpolar regions and included a cultural aspect that the population could relate to. A total of approximately 360 new resources/links were discovered and are in the process of being reviewed and added to the site. See Appendix III. Of these resources many were found to be unique and culturally appropriate based on the scope and aim of the Web site. One included a booklet titled The Cold Blooded Killer[[2]](#footnote-2), which is an excellent example of content created by an organization that serves Alaska Natives, a public non-profit and federal government funding institution. The booklet is an adult low literacy booklet that introduces the physical dangers of cold temperatures and hypothermia through pictures and an easy to read narrative. Not only does it use low literacy best practices but it also depicts the character in activities an Alaska Native may be familiar with, thus allowing them to relate to the character better. The booklet is an excellent example of the federal government funding the creation of culturally relevant materials.

Another interesting find included a survival-training manual produced by Carl Hild. He created this manual to use if in an emergency situation in the Arctic[[3]](#footnote-3). This guide integrates beliefs of spirit, mind, body, and the value of traditional knowledge. Throughout this guide, beliefs and practices of Alaska Natives, and other northern peoples are woven into the lessons of basic survival, practices of CPR, and sheltering in place, etc.

MedlinePlus®[[4]](#footnote-4) and NLM’s Specialized Information Services[[5]](#footnote-5) standard criteria for health Web sites were used in the identification of resources/links to include on the Arctic Health Web site. These criteria were then expanded to meet the cultural and health specific needs of the target population. These criteria were expanded in the sense that we included some resources/links that may not have been a government resource or some authoritative entity, but rather from an individual or small community organization that had good culturally relevant material.

Finally, from the environmental scan, 30 possible institutions and organizations were noted that could be tapped for collaboration, acquiring resources or resource development for the Web site. See Appendix IV. The list includes both indigenous and institutional possibilities. Some of the institutions/organizations on the list currently have resources/links on the Web site but were recommended so that we may foster these relationships and possibly acquire more items. The other institutions/organizations on the list currently do not have any sort of relationship with us but were recommended because they may possibly have items the Web site could utilize or we may be able to provide them with the means for resource development.

The list of possible collaborators was suggested based on the aim and scope of their purpose and resources, as well as the feasibility of a partnership.

## DISCUSSION/REFLECTION

The work that both NLM and the Alaska Medical Library has done and continues to do on the Arctic Health Web site is important and unique. The Arctic Health Web site is one of the only resources that brings together not only research, including white papers and grey literature, but also special collections, and consumer health information on the diverse aspects of the Arctic environment and the health of northern peoples.

It was clear from the environmental scan that there were many untapped resources for the Arctic Health Web site. The number of resources on the site more than doubled, including culturally appropriate material and material written by and for the residents of the Arctic.

The opportunity to attend the 2009 International Congress on Circumpolar Health[[6]](#footnote-6) during this project also gave me a lot of insight on the research and programs being developed to improve the quality of life of those in the circumpolar region. I attended the Congress to discuss the enhancements we had done on the Arctic Health Web site but also to promote the Web site to the many researchers, community health workers, indigenous representatives and other attendees of the congress. It was also an opportunity to speak with many organizations and representatives to glean ideas of resources and obtain contact names for possible collaboration of resource acquisitions or resource development. I also was able to speak to a few representatives from the list of recommended collaborators. See Appendix III. Everyone I spoke with was either familiar with the site or excited to discover such a repository exists.

I also was able to attend many of the sessions and learn about what research is being done on the health of the people of the arctic as well as hear about special programs and how their work is impacting those in the circumpolar region. Not only did sessions include information on the work and research being done within the circumpolar communities but it also provided a voice for both researchers and those of the indigenous population. Their viewpoints brought out the culture and identity of the population, and emphasized the human aspect of the research involved. It was exciting and encouraging to see actions being taken and the passion of the individuals determined to help the health and livelihood of this population.

I also had the opportunity for some information gathering and discovered some interesting health topics and trends affecting this population. It gave me insight into the specific need of this population and provided me with ideas and suggestions that could be possibly added to the Web site. Some of these topics include the issues of food security and colonization and it’s affect on indigenous health.

The experience I have had working on this project as well as attending the International Congress on Circumpolar Health has provided me with knowledge that I probably wouldn’t have learned anywhere else. The time with this project has given me great practice in gaining skills in outreach by giving me an opportunity to help enhance a product that included a cultural component for consumers. My participation also provided for “real life’ outreach in sharing my knowledge and the products of NLM. It was an honor to have that experience and share with others the products and services provided by NLM.

Additionally, working on this project has also provided me with some experience and lessons learned on the intricacies of relationships especially when collaborating with other organizations or people from other traditions. It is very important to understand the culture of those you are working with and have an understanding of where they are coming from. I also learned that relationship building is vital to a successful collaboration and it takes time especially in a project, like the Arctic Health Web site, that collaborates with other organizations from a culture other than the one here at NLM.

Lastly, I would like to mention something that an elder at the conference expressed. She mentioned that she was grateful that everyone in attendance seemed to be interested in helping and researching her people, she discussed the importance of asking. Asking if it was OK to research or help because many times we assume the answer is yes and it may not always be.

Her words gave me some insight on this project as well as some of the other things NLM products and activities it does. I was glad to be part of this project because I really do feel that NLM is sensitive to the cultural needs of those it tries to serve and is aware of the importance of things such as asking, asking to be given permission to help or participate with those it wants to serve.

**RECOMMENDATIONS**

Working on this project gave me some understanding of the time and work it takes to keep a Web site of this nature running and up to date. While many Web sites may be forgotten or lost in the shuffle, it is important to remember that a resource like the Arctic Health Web site needs to be continually assessed in order to provide the finest resources for its users.

Some of the recommendations for the project include:

Evaluating the Web site should be continuous. It is important that it is up to date, accurate and includes links that are working. Regular link checking should be performed to keep the resources in order. It is also important to evaluate whether or not new health topic additions should me made depending on the health trends of the population. The Alaska Medical Library can learn from their researchers and the local organizations and service providers I recommended to identify research, emerging needs, and findings of the targeted populations.

Next, it is important to be continually looking for resources to add to the site. This can be done by a repeated environmental scan for things that I may have missed or have recently been produced. It is important to be adding to the site so that it contains the latest research, literature, and information on the targeted population. Finally, developing the relationships with the collaborators I recommended is essential. Following up with these institutions/organizations may lead to more data finding, resource development, as well as presenting the opportunity to obtain additional unique and special collections.

## REFERENCES

1. Arctic Health [Internet]. Bethesda (MD): National Library of Medicine (US), Specialized Information Services Division; c2001-2009 [cited 2009 August 10] Available from: <http://www.arctichealth.org>
2. Arctic Health [Internet]. Bethesda (MD): National Library of Medicine (US), Specialized Information Services Division; c2001-2009. History of the Arctic Health Website; 2009 July 17 [cited 2009 August 10]; [about 2 screens]. Available from: <http://www.arctichealth.org/history.php>
3. Ibid
4. Ibid

## APPENDIX I

|  |  |  |  |
| --- | --- | --- | --- |
| **Health Topic** | **Item** | **Placement** | **Why?** |
| AIDS/HIV | 2001-2003 Alaska HIV Prevention Plan | Org/Prog/Tools\* | Provides facts and info on assessments and interventions/programs |
|  | 2004-2006 Alaska HIV Prevention Plan | Org/Prog/Tools\* | Provides facts and info on assessments and interventions/programs |
|  | AIDS/HIV Epidemiology Bulletins/AK | Org/Prog/Tools\* | HIV facts in Alaska |
|  | Community Drum | Our health | HIV/AID resource specific to population (info, not so much an organization) |
|  | Four As: | Org/Prog/Tools\* | Support organization regarding HIV/AIDS |
|  | Health Risks in AK Among Adults 00-01 | Org/Prog/Tools | Report on health of Alaskans (covers many health issues no just AIDS, may be too old?, there is a 2007 out) |
|  | Division of STDs-CDC | General health info\* | Info on HIV/AIDs but not population specific. Need to go to HIV/AIDS page directly, not the general CDC STD page. |
|  | HIV/AIDS Info-SIS/NLM | Our health | HIV/AID resource specific to population (info, not so much an organization) |
|  | HIV/AIDS Prevention-CDC | General health info\* | Provides links to other AIDS/HIV resources not so population specific |
|  | MedlinePlus | General health info\* | Info on HIV/AIDs but not population specific |
|  | PubMed | Our Health | Journal citations of specific population |
| AGE | Maybe combine all together but divide into two groups(children/elders)/no links |  |  |
| general | RurAL CAP's Early Decisions Project | Org/Pro/Tools | Child development division |
|  | HRSA-National Maternal and Child Health Info Clringhouse | Org/Pro/Tools\* | Has some pulications regarding children and mothers. Would be better under children/infants, not AK Native specific. |
|  | MedlinePlus | General health info | Links to Senior Health, needs to be put in elder section and is not population specific. |
|  | PubMed | Our Health | Journal citations of a specfic population/a lot of citations |
|  |  |  |  |
| children | Alaska Children's Trust | Org/Prog/Tools\* | Organization to eliminate child abuse/not AK native specific. May want to link to Community Resource Kit page instead of home page. |
|  | AK State Dept. of Ed. And **Early** Development | Org/Prog/Tools\* | Info on AK education plans, schools. Not AK native specific. |
|  | AK Comprehensive FAS Project | Org/Prog/Tools | From the Office of FAS, info on FAS project. Includes presentations from summit. |
|  | Association of AK School Boards | Org/Prog/Tools\* | Info on AK education around the state. |
|  | Denali KidCare | Org/Prog/Tools\* | Info on insurance for children. |
|  | FAS-Epidemiology Bulletins-State of AK | Our Health | Bullentins/factsheets/reports on FAS. Has some specific info AK natives. |
|  | State of AK Office of Children's Services | Org/Prog/Tools | Infor on department and programs. Has links to programs with AK natives, may want to link straight there? |
|  | State of AK Office of FAS | Org/Prog/Tools\* | Info on state programs/reports/summits on FAS. May want to use this site instead of AK comp. FAS project. |
|  | Youth Risk Behavior-Epidemiology Bulletins-State of AK | General Health Info\* | Bullentins/factsheets/reports on Youth Risk Behavior. No specific info on AK natives. |
|  | Alaska WIC | Org/Prog/Tools\* | Info on state WIC program |
|  | [CDC Childhood Lead Poisoning Prevention Program](http://www.cdc.gov/nceh/lead/lead.htm) |  |  |
|  | Org/Pro/Tools\* | General info on Lead poisoning program/Is this our focus? |
|  | [Child Health Toolbox - Agency for Healthcare Research and Quality (AHRQ)](http://www.ahrq.gov/chtoolbx/) |  |  |
|  | Org/Pro/Tools\* | tips, tools for evaluating the quality of healthcare. Doesn't really fit into scope. |
|  | National Youth Violence Prevention Resource Center | Org/Prog/Tools\* | Info on youth violence prevention. Does it fit into the scope? |
|  | Ambient Air Pollution: Health Hazards in Children | General Health Info\* | AAP policy statement on air pollution. Doesn't really fit into scope of the topic. |
|  | American Academy of Pediatrics | Org/Prog/Tools\* | Official site of AAP, should link directly to children's health topics page. Good for gen info. |
|  | Chem-Bio Terrorism and Impact on Children: review | General Health Info\* | AAP policy statement on Chem-Bio terrorism on children. Doesn't really fit in with scope. |
|  | Child Trend | Org/Prog/Tools\* | Nonprofit children's research org. Doesn’t' really fit into the scope. |
|  | Enviro Tobacco Smoke: a hazard to children | Org/Prog/Tools\* | AAP policy state on tobacco smoke and children. Doesn’t really fit into scope. |
|  | Kids Count | Org/Prog/Tools\* | data systems to create data reports. Doesn't really fit in scope. |
|  | March of Dimes | Org/Prog/Tools\* | Perinatal health research and info on pregnancy and care of newborns. Not pop. Specfic but OK |
|  | Search Institute: What Kids Need | Org/Prog/Tools\* | Provides research, insights and tools for positive child development. Good but not pop. Specfic. |
|  | Toxic effect of indoor molds | General Health Info\* | AAP policy statement on mold and children. Doesn't really fit into scope? |
|  | Ultraviolet Light: A hazard to children | General Health Info\* | AAP policy statement on UV light and children. Doesn’t really fit into scope. |
|  | PubMed | Our health | Journal citations of childrena and AK natives and arctic peoples/a lot of citations |
| Elders | State of AK adult protective services | Org/Prog/Tools\* | Gen info on state services regarding adult protection. Not pop. Specific. |
|  | State of AK commission on aging | Org/Prog/Tools\* | Info the commission. They insure elderly age successfully. Not really in scope, not pop.specific. |
|  | Eldercare Locator | Org/Prog/Tools\* | Tool to find community assistance for seniors. Don't think it is pop specific. |
|  | Indian Health Focus: Elders | Our Health | Report on Elder Indian health, includes info on health disparities and death rates. Great info but is a little old. Also one on women and youth. |
|  | Indian Health Service Elder Care Initiative | Our Health | Promotes the development of good elderly care. Good resource, maybe link directly to info for elders page instead of homepage. |
|  | Older Adults: Depression and Suicide Fact | General Health Info\* | Good information on depression and suicide. Not AK native specific. Should be under the depression and suicide topics as well. |
|  | Resource Directory for Older People | Org/Prog/Tools\* | Searchable database of nat. orgs that provide help to older people. Not AK native specific. |
| Infants | Alaska FASD Parent Support | Org/Prog/Tools\* | Website to aid families of children with FASD. Is Alaska specific not not AK native specific. |
|  | Alaska WIC | Org/Prog/Tools | Info on state WIC program |
|  | AK Comprehensive FAS Project | Org/Prog/Tools | From the Office of FAS, info on FAS project. Includes presenations from summit. Summit presenations have some AK native aim. |
|  | FAS-Epidemiology Bulletins-State of AK | Our Health | Bullentins/factsheets/reports on FAS. Has some specific info AK natives. |
|  | Infant Botulism-Epidemiology Bulletins-State of AK | General Health Info | Info on botulism. If is not AK native specific. |
|  | State of AK Office of FAS | Org/Prog/Tools\* | Info on state programs/reports/summits on FAS. May want to use this site instead of AK comprehensive FAS project. |
|  | RurAL CAP's Early Decisions Project | Org/Pro/Tools\* | Child development division |
|  | Drugs and Lactation Database (LactMed) | Org/Pro/Tools\* | Database of drugs mothers maybe exposed to. Not AK native specific. |
|  | The FASD Center | Our Health | Info and resources on FASD. Had native initiative portion. |
|  | Fetal Alcohol Syndrome, CDC | General Health Info\* | CDC page on FASD. No info specifically on AK natives. |
|  | National Sudden Infant Death Syndrome Resource Center | Our Health | Resource center site on SIDS. Has specfic resources for AK natives |
|  | Ambient Air Pollution: Health Hazards in Children | General Health Info\* | AAP policy statement on air pollution. Doesn't really fit into scope of the topic. |
|  | American Academy of Pediatrics | Org/Prog/Tools\* | Official site of AAP, should link directly to children's health topics page. Good for gen info. |
|  | Baby Friendly Hospital Initiative-USA | Org/Prog/Tools\* | Birth centers that support breastfeeding. Not AK native specific. |
|  | March of Dimes | Org/Prog/Tools\* | Perinatal health research and info on pregnancy and care of newborns. Not pop. Specfic but OK |
|  | National Organization on Fetal Alcohol Syndrome | Org/Prog/Tools\* | Website providing resources for families with FAS. No AK native specific info. |
|  | U of Washington FASD and Prevention Network | Org/Prog/Tools\* | not AK native specific. Not consumer friendly. |
|  | PubMed (with arctic emphasis) | Our Health | journal citations. To much. |
| ALCOHOL/OTHER DRUGS | Advisory Board on Alcoholism and Drug Abuse-State of AK | Our Health | Info and links about alcoholism and drug abuse. Some info for AK natives. Should link directly to publications page for the most info. |
|  | Alaska Prevention Partnership |  |  |
|  | Alcohol-Epidemiology Bulletins-State of AK | Our Health | Info on Alcohol consumption. Some info on AK natives |
|  | Alcohol Safety Action Prograom-State of AK | Org/Prog/Tools\* | Info on alcohol safety programs. Not really info for consumer. |
|  | Anchorage Human Services Safety Links Program | Org/Prog/Tools\* | Info on comm. Prevention and intervention systems. Not really info for consumer. |
|  | Division of Behavioral Health-State of AK | Org/Prog/Tools\* | Info on what dept of bevhavioral health is doing. Not real info for consumer. |
|  | Health Risks in AK Among Adults 00-01 | Our Health | Report on health of Alaskans (covers many health issues no just alcohol and drugs, may be too old?, there is a 2007 out) has AK native info. |
|  | National Institute on Alcohol Abuse and Alcoholism | General Health Info\* | Site from NIH with resources, publications and research on Alcohol. Not AK native specific but good. |
|  | National Institute on Drug Abuse | General Health Info\* | Site from NIH with resources, publications and research on drug abuse. No AK native specifics but good. May want to link to alcohol page directly. |
|  | Substance Abuse and Mental Health Services Admin. | General Health Info\* | Site from HSS with nfo about treatment, prevention programs and mental health services. No AK native specifics but good. |
|  | National Inhalant Prevention Coalition | General Health Info\* | resources and info regarding inhalants. Good but not AK native specfic. |
|  | MedlinePlus | General Health Info\* | not AK native specfic |
|  | Pubmed | Our Health | journal citations. Too many |
| ARTHRITIS | Alaska Arthritis Program-State of AK | General Health Info\* | Publications, fact sheets on arthritis. Not AK native specific. |
|  | Arthritis Foundation, Washington/AK chapter | General Health Info\* | advocacy, research, info on arthritis. Not AK native specific but good. Pacific NW chapter of Arth. Foundation. |
|  | Health Risks in AK Among Adults 00-01 | Our Health | Report on health of Alaskans (covers many health issues no just arthritis, may be too old?, there is a 2007 out) has AK native info. |
|  | Nat. Inst. Of Arthritis and Musculoskeletal and Skin Disease | General Health Info\* | Health info, news, research. Not AK native specific but good. Maybe link to health info page directly. |
|  | Arthritis Foundation | General Health Info\* | advocacy, research, info on arthritis. Not AK native specific but good. |
|  | Arthritis Source-U of Washington | General Health Info\* | Great consumer site regarding arthritis. Not AK native specifics but good. |
|  | MedlinePlus | General Health Info\* | not AK native specfic |
|  | PubMed | Our Health | journal citations, too many. |
| ASTHMA | Health Risks in AK Among Adults 00-01 | Our Health | Report on health of Alaskans (covers many health issues no just asthma, may be too old?, there is a 2007 out) has AK native info. |
|  | Asthma-NHLBI | General Health Info\* | Overview of Asthma. Not AK native specific but good. |
|  | Asthma, Nat. Center for Envir. Health, CDC | General Health Info\* | general info, program info, research on asthma. Not AK native specific. |
|  | NAEPP-NHLBI | General Health Info\* | Info on nat. asthma ed and prevention program. Not AK native specific. Maybe link directly to patients/gen public page. |
|  | MedlinePlus | General Health Info\* | not AK native specific |
|  | PubMed | Our Health | journal citations, too many |
| CANCER | AK Native Tribal Health Consortium Cancer Ed. Videos | Our Stories/Our Health? | Cancer ed video. Ak native specific |
|  | Cancer-Epidemiology Bulletins-State of AK | General Health Info\* | Facts on cancer, screening. Not AK native specific. Items pretty old. |
|  | Cancer Cause by Infectious Agents-Arctic Invest. Program | Our Health? | Info about chronic disease in AK. And the prevelance of it in AK Natives. |
|  | Exercise-Epidemiology Bulletins-Sate of AK | General Health Info\* | Info on exercise guidelines. Doesn’t fit. |
|  | Lung Cancer-Epidemiology Bulletins-State of AK | General Health Info\* | Some facts on smoking and cancer. Not AK native specific. Not that great. |
|  | The Alaska Cancer Registry-State of AK | Org/Prog/Tools\* | Surveillance system that collects data on new cases of cancer in AK. Not AK native specific. Does it really fit into scope? |
|  | CIRCLE | Our Health? | cancer ed. Materials for AI and AK natives. Link broken? |
|  | Cancer Progress Report | General Health Info\* | Progress report on fight of cancer. Includes info on all types of cancer. Not AK native specific |
|  | Colorectal Cancer Screening A circle of health for Aks | Our Health | brochure about colorectal cancer |
|  | Depression Among Cancer Patients | General Health Info\* | From NCI, info on depression in those with cancer. Not AK native specific but good. |
|  | National Cancer Institiute | General Health Info\* | CNCI main page. Good info but not AK native specfic. |
|  | American Cancer Society | General Health Info\* | Info for patients, family, friends, survivors on all types of cancer. Not AK specfic but good. |
|  | MedlinePlus | General Health Info\* | Basic cancer page. Not AK native specific. |
|  | PubMed | Our Health | Journal citations, too many |
| DEPRESSION | Bipolar Disorder | General Health info\* | 28 page publication on Bipolarism from NIMH. Not AK native specific but good info. |
|  | Dealing with the Depths of Depression | General Health info\* | From FDA. Consumer info about depression in general. Not AK native specfic. |
|  | Depression (pamphlet) | General Health info\* | publication on Depression by NIMH. Not AK native specific but good. |
|  | Depression Among Cancer Patients | General Health Info\* | From NCI, info on depression in those with cancer. Not AK native specific but good. |
|  | NIMH Depression Links |  |  |
|  | Older Adults: Depression and Suicide Facts | General Health Info\* | Fact sheet from NIMH |
|  | Depression Screening Test |  |  |
|  | Online Depression Screening Test |  |  |
|  | Seasonal affective disorder (SAD) | General Health Info\* | Mayo clinic resource on SAD. Not AK native specific but good |
|  | MedlinePlus | General Health Info\* | basic depression page. Not AK native specific. |
|  | PubMed | Our Health | journal citations. Too many! |
| DIABETES | Alaska Diabetes Control Program | Org/Prog/Tools\* | Site on what AK is doing to help diabetes issues. Includes links to other sites and informational pdfs. Nothing specfic to AK natives. |
|  | Diabetes-Epidemiology Bulletins-State of AK | General Health Info\* | facts and figures on diabetes in AK. Some info on AK natives but not aimed toward that pop. |
|  | Exercise-Epidemiology Bulletins-Sate of AK | General Health Info\* | Info on exercise guidelines. Doesn’t fit. |
|  | Gestational Diabetes of Alaska Adults |  |  |
|  | Health Risks in AK Among Adults 00-01 | Our Health | Report on health of Alaskans (covers many health issues no just diabetes, may be too old?, there is a 2007 out) has AK native info. |
|  | Pregnancy-Epidemiology Bulletins-State of AK | General Health Info\* | facts and figures on pregnancy in AK. Has one bulletin on pregnancy and diabetes, really old. |
|  | Alaska Area Diabetes Model Program |  |  |
|  | Diabetes and Exercise-CDC | General Health Info\* | Info on diabetes. Should link to main page instead of "be active" page. Not AK native specific. |
|  | Diabetes in Alaska Natives and Am. Indians | Our Health | Info about diabetes and Am. Ind/AK natives. Specific to pop. |
|  | Diabetes Projects-Guide to Comm. Preventive Services | Org/Prog/Tools\* | Info on diabetes projects. Not AK native specfic. More for community entities not consumer health. |
|  | National Diabetes Education Program | Org/Prog/Tools\* | Info on education programs and tools on diabetes. Not for consumers but for providers. |
|  | National Diabetes Information Clearinghouse | General Health Info\* | General consumer info on diabetes. See 3 above. |
|  | National Diabetes Information Clearinghouse-AtoZ list of topics | General Health Info\* | A-Z list of items associated with Diabetes. Has links to AK native resources but not many. |
|  | American Diabetes Association | Org/Prog/Tools\* | National program, info on disease, news etc. Has NA/AK native pages but mostly about NA. |
|  | Joslin Diabetes Center | Org/Prog/Tools\* | Affiliated w Harvard med school, research, clinic and ed materials. Not AK native specific. |
|  | Native Americans: Awakening the Spirit | General Health Info\* | Am. Diabetes Association's NA pages. Aimed more towared NA not AK natives. |
|  | MedlinePlus | General Health Info\* | Basic diabetes page, not AK native specific. |
|  | PubMed | Our Health | journal citations. Too many! |
| DOMESTIC VIOLENCE | State of AK adult protective services | Org/Prog/Tools\* | Gen info on state services regarding adult protection. Not pop. Specific. |
|  | Alaska Family Violence Prevention Project | Our Health/Org/Prog/Tools | Info about DV, research, training. Has AK native PSAs. |
|  | AK Network on Domestic Violence and Sexual Assault | Org/Prog/Tools\* | Facts, stats, publications, services on DV and sexual assault. Has AK native links but not AK native specific |
|  | Anchorage Human Services Safety Links Program | Org/Prog/Tools\* | Program that maintain comm. Prevention and intervention programs on DV and sexual assault. Have materials for consumers, will have to call them to get. Not AK native specific. |
|  | Council on Domestic Violence and Sexual Assault-State of AK | Org/Prog/Tools\* | Infon on policymaking council on DV and sexual assault. No specific info on AK natives. |
|  | Division of Juvenile Justice | Org/Prog/Tools\* | State of AK. Includes info on services and stats. Not AK native specific. |
|  | Family Wellness Warriors Initiative | Our Health | Resources and info on DV. Is AK native specific. |
|  | Information for Victims of Domestic Violence-AK State Troopers | Our Health | Booklet informing DV victim of rights and services available to them. Available in AK native languages. |
|  | Office of Children's Services | Org/Prog/Tools\* | State of AK children's services homepage. No real info. |
|  | Toolkit to End Violence Against Women | Org/Prog/Tools\* | Toolkit for communities/orgs to guide those trying to end DV. Nothing AK native specific |
|  | National Youth Violence Prevention Resource Center | General Health Info\* | Article, fact sheets, links to info on teen dating violence. Not AK specific but OK. Needs to go directly to dating violence site not homepage? |
|  | US Department of Justice | General Health Info\* | Info on US criminal justice system, records and stats. |
|  | Medline Plus | General Health Info\* | basic dv page, not AK native specific |
|  | PubMed | Our Health | Journal citations, too many |
| ENVIRONMENTAL HEALTH | Alaska Community Action on Toxics (ACAT) | Org/Prog/Tools\* | Database of contaminated sites in AK. Is AK specfic but not AK native. |
|  | Alaska Mercury Biomonitoring Program | General Health Info\* | Info and results from a AK mercury test. |
|  | AK Native Tribal Health Consortium-Division of Environ. Health and Engineering | Org/Prog/Tools | Info about the department. No real consumer info. The department concentrates on AK native communities |
|  | State of AK Division of Eviron. Health, Dept of Environ. Conservation | Org/Prog/Tools\* | Info about programs. No real consumer info. |
|  | AK Dept. of Fish & Game, Division of Subsistence | Org/Prog/Tools\* | Info and states on studies of subsistence. No AK native info |
|  | State of AK Environmental health program | Org/Prog/Tools\* | Info about the program and activities. |
|  | Anchorage Municipality Environmental Services Division | Org/Prog/Tools\* | Info on division and programs focusing on promotion and protection of enviro health. Not AK native specific. |
|  | Rural AK Sanitation Coalition-AK native Tribal Health Consortium | Org/Prog/Tools | Info on program that serves as advocate for rural AK communities regarding sanitation and health issues. Includes some links. |
|  | Use of Traditional Foods in a Healthy Diet in AK: Risks in Perspective | General Health Info\* | Bulletin info on PCBs. Not AK native specific |
|  | Enviro-Health Links-Pesticide Exposure | General Health Info\* | NLMs page on pesticide exposure. Not AK native specific |
|  | Haz-Map:Occupational Exposure to Hazardous Agents | Org/Prog/Tools\* | NLMs database on health effects on exposure to chems and biologicals at work. Not AK native specific. |
|  | Nat. Inst. Of Environmental Health Sciences | General Health Info\* | Info and education on environmental influences the development and progression of disease. Not AK native specific. Good. |
|  | US Environ Protection Agency | General Health Info\* | Info, new, education from the EPA. Not AK native specific but good |
|  | Ambient Air Pollution: Health Hazards in Children | General Health Info\* | AAP policy statement on air pollution. Doesn't really fit into scope of the topic. |
|  | Chem-Bio Terrorism and Impact on Children: review | General Health Info\* | AAP policy statement on Chem-Bio terrorism on children. Doesn't really fit in with scope. |
|  | Enviro Tobacco Smoke: a hazard to children | Org/Prog/Tools\* | AAP policy state on tobacco smoke and children. Doesn’t really fit into scope. |
|  | Health People 2010 & Environmental Health | General Health Info\* | Resource page of useful info on environmental health. Not AK native specific but good |
|  | Human Health-Canadian Arctic Contaminants Assessment Report II |  |  |
|  | State of the Arctic Environment Report | General Health Info\* | Assessment reports on arctic contaminants |
|  | Toxic effect of indoor molds | General Health Info\* | AAP policy statement on mold and children. Doesn't really fit into scope? |
|  | Ultraviolet Light: A hazard to children | General Health Info\* | AAP policy statement on UV light and children. Doesn’t really fit into scope. |
|  | MedlinePlus | General Health Info\* | Basic Enviro health page. Not AK native specific. |
|  | PubMed | Our Health | Journal citations. Too many! |
| EXERCISE | AK Division of Parks and Outdoor Recreation | Org/Prog/Tools\* | Info on park system and program. No real good info though. |
|  | Alaskans Promoting Physical Activity | Org/Prog/Tools\* | Info on coalition. Not AK native specific |
|  | Exercise-Epidemiology Bulletins-Sate of AK | General Health Info\* | Info on exercise guidelines. OLD |
|  | Health Risks in AK Among Adults 00-01 | Our Health | Report on health of Alaskans (covers many health issues no just exercise may be too old?, there is a 2007 out) has AK native info. |
|  | Diabetes and Exercise-CDC | General Health Info\* | Info on diabetes. Not AK native specific. |
|  | Physical Activity for Everyone-CDC | General Health Info\* | Info on how much physical activity one needs. Not AK native specific but good. |
|  | Powerful Girls have Powerful Bones | General Health Info\* | Children site on healthy bones and staying strong. Not AK native specific. |
|  | President's Council on Physical Fitness and Sport | General Health Info\* | Site with info on health, physical activity, fitness and sports. No AK native specific. |
|  | Surgeon General's Report on Physical Activity and Health | General Health Info\* | Report on physical activity and health. Includes fact sheets and related info. Not AK native specific. |
|  | American Hiking Society | Org/Prog/Tools\* | Info on hiking. Not AK native specific. |
|  | MedlinePlus | General Health Info\* | Page on exercise and physical fitness. Not AK native specifc. |
|  | PubMed | Our Health | Journal citations, too many! |
| EYE DISEASE AND VISION | Board of Examiners in Optometry | Org/Prog/Tools\* | Info on licensed optometrists |
|  | Eye Health Topics-AK optometric physicians association | General Health Info\* | Consumer info on eye health. Should link directly to health topics page not home page. Not AK native specifc. |
|  | Special Education Service Agency | Org/Pro/Tools\* | Info about SESA, a agency that provides assistance to AK school districts and early intervention programs serving students with low incident disabilities. Has resource list on vision impairments program that is consumer friendly. May want to link to this page directly. |
|  | Talking Book Center, AK state library | Org/Pro/Tools\* | Info on talking book center, getting materials. No consumer info on eye diseases. Not AK native specific. |
|  | Healthy Vision 2010-US Nat. Eye Inst. | General Health Info\* | Info on goals, includes some consumer resources. Not AK native specific. OK |
|  | National Eye Inst. | General Health Info\* | Consumer info on eye health/diseases. Should link directly to health info page instead of main page. Not AK native specific |
|  | MedlinePlus | General Health Info\* | Basic page on vision impairment and blindness. Not AK Native specific. |
|  | PubMed | Our Health | journal citations |
| FAS | Alaska FASD Parent Support | Org/Prog/Tools\* | Website to aid families of children with FASD. Is Alaska specific not not AK native specific. |
|  | AK Comprehensive FAS Project | Org/Prog/Tools | From the Office of FAS, info on FAS project. Includes presenations from summit. Summit presenations have some AK native aim. |
|  | FAS-Epidemiology Bulletins-State of AK | Our Health | Bullentins/factsheets/reports on FAS. Has some specific info AK natives. |
|  | RurAL CAP's Early Decisions Project | Org/Pro/Tools\* | Child development division |
|  | Alcohol-Epidemiology Bulletins-State of AK | Our Health | Info on Alcohol consumption. Some info on AK natives |
|  | Health Risks in AK Among Adults 00-01 | Our Health | Report on health of Alaskans (covers many health issues no just FAS, may be too old?, there is a 2007 out) has AK native info. |
|  | State of AK Office of FAS | Org/Prog/Tools\* | Info on state programs/reports/summits on FAS. May want to use this site instead of AK comprehensive FAS project. |
|  | The FASD Center | Our Health | Info and resources on FASD. Had native initiative portion. |
|  | Fetal Alcohol Syndrome, CDC | General Health Info\* | CDC page on FASD. No info specifically on AK natives. |
|  | FASD center | Our Health | FASD's resource specfically for Natives. |
|  | Pregnancy-Epidemiology Bulletins-State of AK | General Health Info\* | Stats on pregnancy in AK, one bulletin on FAS. Not AK native specific. |
|  | National Organization on Fetal Alcohol Syndrome | Org/Prog/Tools\* | Website providing resources for families with FAS. No AK native specific info. |
|  | U of Washington FASD and Prevention Network | Org/Prog/Tools\* | not AK native specific. Not consumer friendly. More for researchers. |
|  | MedlinePlus | General Health Info\* | Basic FAS page |
|  | PubMed | Our Health | journal citations. |
| FOOD SAFETY | Alaska Mercury Biomonitoring Program | General Health Info\* | Info and results from a AK mercury test. |
|  | Fish Poisoning-Epidemiology Bulletins-State of AK | General Health Info\* | Stats and epi. Bulletins on fish poisoning. Not AK native specific |
|  | Food-Epidemiology Bullentins-State of AK | General Health Info\* | Sats and epi. Bullentins on food in AK. Not AK native specific. |
|  | Food Safety & Sanitation Program-AK Division of Eviro Health | General Health Info\* | Food safety info for food workers. Not AK native specific. |
|  | Food Safety & Sanitation Program-Anchorage Municipality | General Health Info\* | Inspection Reports . Not Ak native specific |
|  | Infant Botulism-Epidemiology Bulletins-State of AK | General Health Info | Info on botulism. If is not AK native specific. |
|  | Mercury-Epidemiology Bulletins-State of AK | General Health Info\* | Bulletins on mercury consumption in foods and through environment. Not AK native specific. |
|  | Nutrient Value of AK Native Foods |  |  |
|  | Paralytic Shellfish Poisoning-Epidemiology Bulletins-State of AK | General Health Info\* | Bulletins on shellfish poisoning in AK. Not AK native specific |
|  | Subsistence Foods-Epidemiology Bulletins-State of AK | General Health Info\* | Bulletins on traditional foods of AK. Not AK Native specific. |
|  | Trichinosis-Epidemiology Bulletins-State of AK | General Health Info\* | Bulletins on Trichnosis(disease from undercooked bear meat) Not AK native specific but AK specific. |
|  | Use of Traditional Foods in a Healthy Diet in AK: Risks in Perspective | General Health Info\* | Bulletin info on PCBs. Not AK native specific |
|  | Use of Traditional Foods in a Healthy Diet in AK: Risks in Perspective. Vol. 2 Mercury | General Health Info\* | Info on Risks of consumption of traditional foods in AK. Not AK native specific but AK specific. |
|  | AK Traditional Diet Project | General Health Info | Info on survey/program regarding Aks who regularly eat traditional foods. By AK Native Health Board |
|  | Botulism-CDC Website | General Health Info\* | Info on botulism. If is not AK native specific. |
|  | Center for Food Safety and Applied Nutrition-FDA | General Health Info\* | FDA page on food safety. Not AK native specific |
|  | Foodborne and Diarrheal Diseases-CDC |  |  |
|  | Helping Hands-Botulism prevention | Our Health | AK Native specific site. Info on botulism |
|  | Marin Toxins-CDC Website | General Health Info\* | Overview on Marine Toxins. Not AK native specific but relates to their diets. |
|  | Norovirus Infection(Norwalk and norwalk like virus infection) CDC | General Health Info\* | Info on Norviruses. Not AK native specific. New link: http://www.cdc.gov/ncidod/dvrd/revb/gastro/norovirus.htm |
|  | Salmonella Infection-CDC Website | General Health Info\* | Info on Salmonella. Not AK Native specific. New Link: http://www.cdc.gov/salmonella/ |
|  | Trichinellosis-CDC Website | General Health Info\* | Info on Trichinellosis. Not Ak Native specific. |
|  | Human Health-Canadian Arctic Contaminants Assessment Report II |  |  |
|  | Partnership for Food Safety Education | General Health Info\* | Consumer site on safe food handeling. Not AK native specific but good |
|  | MedlinePlus | General Health Info\* | general info on food safety. Not Ak native specific |
|  | PubMed | Our Health | journal citations. Many! |
| HEART DISEASE | Alaskans Promoting Physical Activity | Org/Prog/Tools\* | Info on coalition. Not AK native specific |
|  | Exercise-Epidemiology Bulletins-Sate of AK | General Health Info\* | Info on exercise guidelines. OLD |
|  | Health Risks in AK Among Adults 00-01 | Our Health | Report on health of Alaskans (covers many health issues no just heart disease may be too old?, there is a 2007 out) has AK native info. |
|  | Act in Time to Heart Attack Signs. US | General Health Info\* | Warning signs and what to do if having a heart attack. Not AK native specific. |
|  | NHLBI-Obesity Education Initiative | General Health Info\* | Info on program that aims to reduce prevalence of obesity and heart disease. Not AK native specific. |
|  | Wisewoman: CDCs Division of Nutritional and Physical Activity | General Health Info\* | Info and resources for women about diet, activities, behaviours to reduce heartdisease and other chronic disease. Not AK native specific. |
|  | American Heart Association | General Health Info\* | Info/resources on heart diseases and conditions |
|  | MedlinePlus | General Health Info\* | Page on Heart diseases. Not AK native specific |
|  | PubMed | Our Health | journal citations. Many! |
| HEPATITIS | Food-Epidemiology Bulletins-State of AK | General Health Info\* | Sats and epi. Bullentins on food in AK. Not AK native specific. |
|  | Hepatitis-Epidemiology Bulletins-State of AK | General Health Info\* | Info on Hep cases in AK, most recent is from 91. Too Old? |
|  | Hepatitis A- Arctic Investigations Program | Our Health | Info on Hep A, includes research and control program for Hep A. Specifically talks about AK natives. |
|  | Hepatitis A-Epidemiology Bulletins -State of AK | General Health Info\* | Info on Hep A in AK. Nothing AK native specific. |
|  | Hepatitis B-Arctic Investigations Program | Our Health | Info on Hep B, includes research and control program info. Talks about Ak natives specfically. |
|  | Hepatitis B-Epidemiology Bulletins-State of AK | General Health Info\* | Info on Hep, vaccines. No AK native specifics. |
|  | Hepatitis C -Arctic Investigations Program | Our Health | Info on Hep C, includes research and control program. Specficially on AK natives. |
|  | Hepatitis C-epidemiology Bulletins-State of AK | General Health Info\* | Info on Hep C, vaccines. No AK native specifics. |
|  | Hepatitis D-National Center for Infectious Diseases | General Health Info\* | Info on all Heps. Not much on D. NO AK natives specifics. Good site for Hep overall, not just D. |
|  | Hepatitis E-National Center for Infections Diseases | General Health Info\* | Info on all Heps. Not much on E. NO AK natives specifics. Good site for Hep overall, not just E. |
|  | Arctic Investigations Program | Our Health | Research and reports on AK Native infectious diesease prevention and research. See above links. |
|  | Reducing the Burden of Viral Hepatitis in Am Indian & AK native communities |  | Link doesn't go to title of resource. Different, goes Hep CDC page. |
|  | What I need to know about Hepatitis A | General Health Info\* | Fact sheets from NDDIC about Hep A. Not AK native specific. |
|  | What I need to know about Hepatits B | General Health Info\* | Fact sheets from NDDIC about Hep B. Not AK native specific. |
|  | Medline Plus | General Health Info\* | page on Hep. No Ak Native specific info |
|  | PubMed | Our Health | Journal Citations. Too many! |
| HERBAL MEDICINE | Herbal health products-what you should know | General Health Info\* | From Familydoctor.org. Info on herbal products, side effects, cautionaries. Not Ak native specific |
|  | HerbMed | General Health Info\* | From ALF, database on herb med. Pay site. |
|  | Medicinal Herb Garden | General Health Info\* | From U of Washington. Images of various herbs. |
|  | Native American Ethnobotany Database | Our Health? | From U of Mich. Database of foods, drugs, dyes, fibers of NA peoples. |
|  | Native American Herbal Remedies | General Health Info\* | From Cherokee. Info on herbal remedies. Not AK native specific. AmInd specfic only. |
|  | MedlinePlus | General Health Info\* | Basic page on herbal medicine |
|  | PubMed | Our Health | Journal Citations. |
| HIGH BLOOD PRESSURE | Alaskans Promoting Physical Activity | Org/Prog/Tools\* | Info on coalition. Not AK native specific |
|  | Exercise-Epidemiology Bulletins-Sate of AK | General Health Info\* | Info on exercise guidelines. OLD |
|  | Health Risks in AK Among Adults 00-01 | Our Health | Report on health of Alaskans (covers many health issues no just heart disease may be too old?, there is a 2007 out) has AK native info. |
|  | Facts about Lowering Blood Pressure | General Health Info\* | From NHLBI. PDF brochure. Not AK Native specifi |
|  | NHLBI-Obesity Education Initiative | General Health Info\* | Info on program that aims to reduce prevalence of obesity and heart disease. Not AK native specific. |
|  | National Insititute on Aging--High Blood Pressure | General Health Info\* | Info on HBP, for elderly. No AK native specific. |
|  | Surgeon General's Report on Physical Activity and Health | General Health Info\* | Report on physical activity and health. Includes fact sheets and related info. Not AK native specific. |
|  | Wisewoman: CDCs Division of Nutritional and Physical Activity | General Health Info\* | Info and resources for women about diet, activities, behaviours to reduce heartdisease and other chronic disease. Not AK native specific. |
|  | American Heart Association | General Health Info\* | Info/resources on heart diseases and conditions |
|  | MedlinePlus | General Health Info\* | Basic page on HBP. Not Ak Native specific. |
|  | PubMed | Our Health | Journal citations, a lot! |
| IMMUNIZATION | Health Risks in AK Among Adults 00-01 | Our Health | Report on health of Alaskans (covers many health issues no just heart disease may be too old?, there is a 2007 out) has AK native info. |
|  | Hepatitis A-Epidemiology Bulletins -State of AK | General Health Info\* | Info on Hep A in AK. Nothing AK native specific. |
|  | Hepatitis B-Epidemiology Bulletins-State of AK | General Health Info\* | Info on Hep, vaccines. No AK native specifics. |
|  | Infectious Disease program-State of AK | Org/Prog/Tools\* | Info on dept. programs. Includes links to info on specific diseases. Not AK native Specfic. |
|  | Pregnancy-Epidemiology Bulletins-State of AK | General Health Info\* | Stats on pregnancy in AK, one bulletin on FAS. Not AK native specific. |
|  | Vaccine-Epidemiology Bulletins-State of AK | General Health Info\* | info/bulletins on vaccines. Not Ak native specific. |
|  | National Center for Immunization and Respiratory Diseases Programs | Org/Prog/Tools\* | Info on NCIRD and their programs. Not AK Native specific. |
|  | National Center for Preparedness, Detection, and Control of Infectious Diseases | General Health Info\* | Programs, strategies and research info. Not AK native specific. Researcher oriented |
|  | National Immunization Program-US-CDC | General Health Info\*/Our Health | Program and research info. Not AK Native specific on this page but there is link to specific pop site. |
|  | Immunization Action Coalition | Org/Prog/Tools\* | Site about vaccination info for healthcare professionals. Not AK native specific but does have consumer info to provide to patients. |
|  | National Network for Immunization | Org/Prog/Tools\* | Site that provides public, health prof., policy makers and media with up to date info on immunizations. |
|  | MedlinePlus | General Health Info | Basic page on immunization. Not AK native specific |
|  | PubMed | Our Health | Journal citations, a lot! |
| INJURY PREVENTION | Accidents-Epidemiology Bulletins-State of AK | General Health Info\* | Bulletins on accidents. Pretty old. Not AK native specific. |
|  | Alaska Injury Prevention Center | Org/Prog/Tools\* | Website to help prevent injuries to Alaskan people. Not AK native specific. |
|  | Alcohol-Epidemiology Bulletins-State of AK | Our Health | Info on Alcohol consumption. Some info on AK natives |
|  | Anchorage Human Services Safety Links Program | Org/Prog/Tools\* | Info on comm. Prevention and intervention systems. Not really info for consumer. |
|  | ATVs-Epidemiology Bulletins-State of AK | General Health Info\* | Bulletins/Info on ATV injuries. Really old. Not AK native specific. |
|  | Aviation-Epidemiology Bulletins-State of AK | General Health Info\* | Bulletins/Info on aviation injuries. Really old. Not AK native specific. |
|  | Be Safe Out there | General Health Info\* | Safety info from AK division of parks and outdoor recreation |
|  | Injuries-Epidemiology Bulletins-State of AK | General Health Info\* | Bulletins on injuries in AK. Not AK native specific. |
|  | Injury Prevention (EMS Dept) | General Health Info\* | Articles and info on injury prevention and EMS. Not AK Native specific. |
|  | Injury Surveillance and Prevention Program | Org/Prog/Tools\* | Info about the program. No real consumer health info. Not AK Native specific. |
|  | Labor Standards and Safety-State of AK | Org/Prog/Tools\* | Info on Standards division, info on state specific standards. Not AK Native specific info |
|  | Mercury-Epidemiology Bulletins-State of AK | General Health Info\* | Bulletins on mercury consumption in foods and through environment. Not AK native specific. |
|  | Occupational Injury-Epidemiology Bulletins-State of AK | General Health Info\* | Bulletins on occupational injury. Not AK native specific |
|  | Occupational Injury Prevention Program-State of AK | Org/Prog/Tools\* | Info on the program that monitors occupation-related fatalities in AK. Not AK native specific |
|  | Office of Boating Safety-AK Dept of Natural Resources | General Health Info\* | Info on boating info, laws and publications. Not AK native specific but AK specific. |
|  | State Troopers Safety Bear-AK Dept of Public Safety | General Health Info\* | Safety tips for children from AK state troopers |
|  | Youth Risk Behavior-Epidemiology Bulletins-State of AK | General Health Info\* | Bullentins/factsheets/reports on Youth Risk Behavior. No specific info on AK natives. |
|  | Commercial Fishing Fatalities in AK-NIOSH | General Health Info\* | Public Health summary on commerical fishing fatalities in AK. Not AK native specfic but AK specific. |
|  | Consumer Product Safety Commission | Org/Prog/Tools\* | Info on consumer products, recalls, kids info. Not AK native specific. |
|  | Haz-Map:Occupational Exposure to Hazardous Agents | Org/Prog/Tools\* | NLMs database on health effects on exposure to chems and biologicals at work. Not AK native specific. |
|  | Injury Prevention-Indian Health Services | Our Health | From Indian Health Services, site on injury prevention in AM Ind and AK natives. |
|  | Minority Women's Health-AM Indian & AK Native Women | Our Health | Info on all topics related to women and AI and AK native health. Should link directly to injuries page. |
|  | National Center for Injury Prevention and Control | General Health Info\* | A-Z list on injury topics. From CDC, not AK native specific. |
|  | National Highway Transportation Safety Association | Org/Prog/Tools\* | Org the provides info on traffic safety. Not Ak native specific. |
|  | National Institute for Occupational Safety and Health | Org/Prog/Tools\* | Info on Institute that trys to prevent work-related illness and injury. Not AK native specific |
|  | Occupational Safety and Health Admin | Org/Prog/Tools\* | Info on safety and health topics from OSHA |
|  | Frostbite | General Health Info\* | Quickguide on frostbite. Not AK native specific. |
|  | Harborview Injury Prevention and Research Center | Org/Prog/Tools\* | Institute that researches how and why people suffer injuries and what can be done to prevent. Not AK native specific |
|  | Injury Prevention Web | Org/Prog/Tools\* | Webliography of Websites working to prevent injuries. Not AK native specific. |
|  | National Program for Playground Safety | Org/Prog/Tools\* | Program that provides info on playground safety. Not AK native specific. |
|  | SAFE KIDS | Org/Prog/Tools\* | Org that aims to prevent accidental injury. Not Ak native specific. |
|  | Sate and Territorial Injury Prevention Director's Association | Org/Prog/Tools\* | Org that aims to strengthen the ability of state, territorial and local health dept. to reduce death and disability associated with injury. Not AK native specific. No real info for consumers. |
|  | UNC Injury Prevention Research Center | Org/Prog/Tools\* | University research center on injury prevention. Not AK or AK native specific. |
|  | MedlinePlus | General Health Info\* | Basic injuries page |
|  | PubMed | Our Health | Journal citations, a lot! |
| NUTRITION | Alaska Mercury Biomonitoring Program | General Health Info\* | Info and results from a AK mercury test. |
|  | AK Traditional Diet Project | General Health Info | Info on survey/program regarding Aks who regularly eat traditional foods. By AK Native Health Board |
|  | AK Traditional Knowledge and Native Foods Database | Our Health | Database on AK traditional foods. |
|  | Alaska WIC | Org/Prog/Tools | Info on state WIC program |
|  | Child Nutrition Services -State of AK | Org/Prog Tools\* | State of AK Website on Child nutrition services. Includes resources. Not AK native but AK specific. |
|  | AK Dept. of Fish & Game, Division of Subsistence | Org/Prog/Tools\* | Info and states on studies of subsistence. No AK native info |
|  | Health Risks in AK Among Adults 00-01 | Our Health | Report on health of Alaskans (covers many health issues no just nutrition may be too old?, there is a 2007 out) has AK native info. |
|  | Nutrient Value of AK Native Foods |  |  |
|  | Recommendations for Fish Consumption in AK | General Health Info\* | State Oof AK bulletin. Not AK native specific but AK specific. |
|  | Subsistence Foods-Epidemiology Bulletins-State of AK | General Health Info\* | Bulletins on traditional foods of AK. Not AK Native specific. |
|  | Use of Traditional Foods in a Healthy Diet in AK: Risks in Perspective | General Health Info\* | Bulletin info on PCBs. Not AK native specific |
|  | Use of Traditional Foods in a Healthy Diet in AK: Risks in Perspective. Vol. 2 Mercury | General Health Info\* | Info on Risks of consumption of traditional foods in AK. Not AK native specific but AK specific. |
|  | NHLBI-Obesity Education Initiative | General Health Info\* | Info on program that aims to reduce prevalence of obesity and heart disease. Not AK native specific. |
|  | USDA: Food and Nutrition Resources | Org/Prog/tools\* | Info on nutrition assistance programs, includes resources for families.. Not Ak native specific. |
|  | Wisewoman: CDCs Division of Nutritional and Physical Activity | General Health Info\* | Info and resources for women about diet, activities, behaviours to reduce heartdisease and other chronic disease. Not AK native specific. |
|  | American Dietetic Association | Org/Prog/Tools\* | Info on food, nutrition and health resources. Not AK native specific. |
|  | MedlinePlus | General Health Info\* | Basic nutrition page. Not AK native specific. |
|  | PubMed | Our Health | Journal citations, many! |
| ORAL HEALTH | AK Dental Society | Org/Prog/Tools\* | Info on finding dentist, some resources. Not AK native but AK specific. |
|  | Indian Health Service Oral Health Initiative | Org/Prog/Tools\* | Site is about recruiting dental professionals. Not about the initiative. |
|  | Nat. Institute of Dental and Craniofacial Research | Org/Prog/Tools\* | Info on oral health, clinical trials, research. Not AK specific. |
|  | National Oral Health Surveillance System | Org/Prog/Tools\* | From CDC, dental health stats by state. |
|  | Oral Health in American: A report of the Surgeon General, May 2000 | General Health\* | 2000 Summary of oral health in American |
|  | American Dental Association | Org/Prog/Tools\* | Info on oral health and dental careers. Not AK native specific |
|  | MedlinePlus | General Health\* | Basic page on dental health. Not AK native specific |
|  | PubMed | Our health | Journal citations, many! |
| OTITIS MEDIA | Otitis Media-Epidemiology Bulletins-State of AK | General Health\* | Bulletin on study of ear morbidity in 4 AK villages. |
|  | Early Hearing Detection and Intervention Educational Materials | General Health\* | From CDC, info on EHDI program. Not AK native specfic. Has resources for parents. |
|  | MedlinePlus | General Health\* | ear infections page |
|  | PubMed | Our Health | journal citations, many! |
| PREGNANCY | Health Risks in AK Among Adults 00-01 | Our Health | Report on health of Alaskans (covers many health issues no just pregnancy may be too old?, there is a 2007 out) has AK native info. |
|  | Planned Parenthood of AK | Org/Pro/Tools\* | Website of AK planned parenthoods. Includes health topics page. |
|  | Pregnancy-Epidemiology Bulletins-State of AK | General Health Info\* | facts and figures on pregnancy in AK. Has one bulletin on pregnancy and diabetes, really old. |
|  | Drugs and Lactation Database (LactMed) | Org/Pro/Tools\* | Database of drugs mothers maybe exposed to. Not AK native specific. |
|  | National Maternal and Child Health Info Clearinghouse | Org/Pro/Tools\* | Information on programs that promote and improve health of mothers and children. Includes informational publications. Not AK native specific. |
|  | Office of Population Affairs-US Dept of HHS | Org/Prog/Tools\* | Info on pop. And family planning issues. Not AK native specific. |
|  | WomensHealth.gov-healthy pregnancy | General Health Info\* | Govt. info on healthy pregnancies. Not Ak native specific. But good. |
|  | Alan Guttmacher Institute | Org/Pro/Tools\* | Info about reproductive health worldwide.. Not AK native specific. |
|  | Consortium for Emergency Contraception Databases | Org/Prog/Tools\* | Information on emergency contraception. Not AK native specific |
|  | Visible Embryo | General Health Info\* | provides visual account of normal and abnormal pregnancy. Not AK specific. |
|  | MedlinePlus | General Health Info\* | Page on pregnancy. No AK native specific. |
|  | PubMed | General Health Info\* | Journal citations, too many! |
| SUICIDE | AK Suicide Follow-back Study Final Report: Sept2003-Aug2006 | Org/Prog/Tool | study on demongraphic analysis of suicides in AK with interviews of suicide decendents. 2003-2006. |
|  | Suicide Prevention Program-State of AK | Org/Prog/Tool | Info on program in AK. No real info. Not AK native specific. |
|  | Center for Mental Health Services | General Health Info/Our Health | info on all types of mental health issues. Has publication specific to AK natives. |
|  | Depression Among Cancer Patients | General Health Info\* | From NCI, info on depression in those with cancer. Not AK native specific but good. |
|  | Mental Health:Culture, Race and Ethnicity-report from Surgeon General | Gen/Our Health | report from Surgeon general. Has chapter on AK natives. |
|  | National Strategy for Suicide Prevention | General Health info | info on facts, indicators and prevention. Link to AK resources. |
|  | NIMH Depression Links |  |  |
|  | Older Adults: Depression and Suicide Fact | General Health Info\* | Good information on depression and suicide. Not AK native specific. Should be under the depression and suicide topics as well. |
|  | Depression Screening Test |  |  |
|  | Harborview Injury Prevention and Research Center | General Health Info | Provides some info on suicide and links to other resources. |
|  | Mental Help Net | General Health Info | info on mental health and brain research. Pretty good but not AK native specific. |
|  | MedlinePlus | General Health Info | basic page |
|  | PubMed | General health Info | journal citations, too many |
| TOBACCO | American Lung Association of AK | General Health Info\* | Info on tobacco use and programs to stop. AK specific not not AK native. |
|  | ANHB Smokefree AK project | Our Health | Info on the project. But no real resources. |
|  | Health Risks in AK Among Adults 00-01 | Our Health | Report on health of Alaskans (covers many health issues no just tobacco use may be too old?, there is a 2007 out) has AK native info. |
|  | Smoking/Tobacco-Epidemiology bulletins-State of AK | General Health Info\* | info on state stats. Some AK native stats |
|  | Tobacco-Epidemiology Bulletins-State of AK | General Health Info\* | info on state stats. Some AK native stats |
|  | American Indians and AK Natives and Tobacco | Our Health | Highlights from 98 surgeon generals report. |
|  | State Tobacco Activities Tracking and Evaluation System | Org/Prog/Tools\* | electronic data warehouse with uptodate and historical state level data on tobacco use preventoin and control. |
|  | Surgeon General's Report-Tobacco Cessation | Org/Prog/Tools\* | info on treatments for tobacco dependence and info to help ppl quit |
|  | Tobacco Info and Prevention Source (TIPS) | General Health Info\* | more info from cdc on smoking and quitting. |
|  | American Heart Association | General Health Info\* | Info/resources on heart diseases and conditions |
|  | MedlinePlus | General Health Info\* | pages on tobacco, smoking etc. |
|  | PubMed | General Health Info\* | journal citations, too many |
| TUBERCULOSIS | Tuberculosis-Epidemiology Bulletins-State of AK | General Health Info\* | info and stats on TB in Ak. |
|  | National TB Curriculum Consortium | General Health Info\* | public ed materials on TB. More for students not the public |
|  | TB Elimination-CDC | General Health Info\* | info and stats on TB |
|  | MedlinePlus | General Health Info\* | page on TB |
|  | PubMed | General Health Info\* | journal citations |
| TYPHOID FEVER | Typhoid-Epidemiology Bulletins-State of AK | General Health Info\* | reports on cases in AK. OLD |
|  | Typhoid Fever -CDC |  |  |
|  | MedlinePlus | General Health Info\* | list of pages with typhoid |
|  | PubMed | General Health Info\* | Journal citations |
| FROSTBITE | Frostbite Slide Collection of William J Mills Jr MD | Our Health | pics on frostbite injury |
|  | Cold Weather Dangers-Wind Chill Factor-NASA | General Health Info\* | info on wind chill and its dangers. |
|  | Frostbite (NCEH)CDC | General Health Info\* | Info on extreme cold, prevention guide |
|  | McKinley Health Center quick guide on frostbite | General Health Info\* | handout on frostbite |
|  | PubMed | General Health Info\* | journal citations |
| HYPOTHERMIA | Frostbite Slide Collection of William J Mills Jr MD | Our Health | pics on frostbite injury |
|  | Cold Weather Dangers-Wind Chill Factor-NASA | General Health Info\* | info on wind chill and its dangers. |
|  | Hypothermia-(NCEH)CDC | General Health Info\* | info on extreme cold, prevention guide. Same as frostbite above. |
|  | PubMed | General Health Info\* | journal citations |

## APPENDIX II

Health Topics and Sub-Topics on Health Topics Portion of Arctic Health Web Site

**Accidents and Injuries**

Avalanche

Cold Weather

Hypothermia

Frostbite

Drowning

Injury Prevention

**Alcohol and Drug Addiction**

Alcohol

Drugs

Fetal Alcohol Syndrome

Inhalants

**Diseases and Conditions**

AIDS/HIV

Arthritis

Cancer

Heart Disease/Stroke

Lung Disease

**Elders**

Dementia

**Environmental Health**

Food Safety

Toxins

**Health Lifestyles/Preventative Health**

Dental Health

Exercise

Food Safety

Nutrition

**HIV/AIDS and STDs**

HIV/AIDS

Chlamydia

Other STDs

**Mental Health**

Dementia

Depression

Suicide

**Tobacco**

**Traditional Healing**

**Violence and Abuse**

Assault

Child Abuse

Domestic Abuse

Homicide

**Women, Infants, and Children**

Child Abuse

Domestic Violence

Ear Infections

Fetal Alcohol Syndrome

Immunization

## APPENDIX III

|  |  |  |
| --- | --- | --- |
| **Accidents and Injures/Avalanche** |  |  |
| "IF" and "When" Arctic Survival Manual | <http://elders.uaa.alaska.edu/resources/if-artic-survival_1983.pdf> | Our Health |
| Canadian Avalanche Center | [http://www.avalanche.ca/HomeCAC#](http://www.avalanche.ca/HomeCAC) | Org/Prog Tools |
| U.S. Forest National Avalanche Center | <http://www.fsavalanche.org/> | Org/Prog/Tools |
| Avalanche.org | <http://www.avalanche.org/> | Org/Prog/Tools |
| Teton Gravity Research | <http://oldschool.tetongravity.com/conwayscorner/avilesson.htm> | Org/Prog/Tools |
| Avalanche Encyclopedia | <http://www.avalanche.org/~uac/encyclopedia/index.htm> | Org/Prog/Tools |
| The American Institute for Avalanche Research and Education | <http://avtraining.org/> | Org/Prog/Tools |
| Alaska Avalanche School | <http://www.alaskaavalanche.com/Site/Homepage.html> | Org/Prog/Tools |
| **Cold Weather/Hypothermia** |  |  |
| Medline Plus | <http://www.nlm.nih.gov/medlineplus/hypothermia.html> | General Health Info |
| Mayo Clinic | <http://www.mayoclinic.com/health/hypothermia/DS00333> | General Health Info |
| The Cold Blooded Killer (PDF) | <http://www.eric.ed.gov/ERICDocs/data/ericdocs2sql/content_storage_01/0000019b/80/34/45/53.pdf> | Our Health |
| National Institutes on Aging: Hypothermia: A Cold Weather Hazard (PDF) | <http://www.niapublications.org/agepages/PDFs/Hypothermia-A_Cold_Weather_Hazard.pdf> | General Health Info |
| Dressing For Cold (PDF) | <http://seagrant.uaf.edu/bookstore/pubs/SG-ED-28.pdf> | Our Health |
| Cold Can Kill: Hypothermia (PDF) | <http://seagrant.uaf.edu/bookstore/pubs/SG-ED-23.pdf> | Our Health |
| CDC: Extreme Cold (PDF) | <http://www.bt.cdc.gov/disasters/winter/pdf/cold_guide.pdf> | General Health Info |
| **Frostbite** |  |  |
| Frostbite (PDF) | <http://www.mckinley.uiuc.edu/Handouts/pdfs/Frostbite.pdf> | General Health Info |
| Frostbite Slide Collection of William J Mills Jr MD | <http://www.arctichealth.org/frostbite/> | Our Health |
| Cold Hurts: Frostbite, Frostnip, and Immersion Foot (PDF) | <http://seagrant.uaf.edu/bookstore/pubs/SG-ED-27.pdf> | Our Health |
| **Drowning** |  |  |
| CDC: Water Related Injuries | <http://www.cdc.gov/HomeandRecreationalSafety/Water-Safety/index.html> | General Health Info |
| State of Washington: Drowning Prevention and Water Safety Information | <http://www.drowning-prevention.org/> | General Health Info |
| Canadian Red Cross: Water Safety Information | <http://www.redcross.ca/article.asp?id=1028&tid=024> | General Health Info |
| American Red Cross: Water Safety | <http://www.redcross.org/portal/site/en/menuitem.d229a5f06620c6052b1ecfbf43181aa0/?vgnextoid=9dadf837443d0210VgnVCM10000089f0870aRCRD&vgnextfmt=default> | General Health Info |
| BC Injury Research and Prevention Unit: Drowning Prevention (PDF) | <http://www.healingourspirit.org/pdfs/Injury_prevention/ip-drowning.pdf> | Our Health |
| MedlinePlus: Drowning | <http://www.nlm.nih.gov/medlineplus/drowning.html> | General Health Info |
| **Injury Prevention** |  |  |
| SafeKids USA: Safety Tips | <http://www.usa.safekids.org/tier2_rl.cfm?folder_id=166> | General Health Info |
| SafeKids Canada: Safety Topics | <http://www.safekidscanada.ca/safekidsCanada/> | General Health Info |
| BC Injury Research and Prevention Unit: Injury Prevention | <http://www.healingourspirit.org/pdfs/Injury_prevention/ip-general.pdf> | Our Health |
| BC Aboriginal Injury Prevention Fact Sheets | <http://www.healingourspirit.org/injury_prevention.htm> | Our Health |
| HIS Injury Prevention Program | <http://www.ihs.gov/MedicalPrograms/InjuryPrevention/> | Our Health |
| Womenshealth.gov: Injuries | <http://www.womenshealth.gov/minority/americanindian/injuries.cfm> | Our Health |
| CDC: National Center for Injury Prevention and Control | <http://www.cdc.gov/injury/index.html> | General Health Info |
| Alberta Center for Injury Control and Research | <http://www.acicr.ualberta.ca/> | Org/Prog/Tools |
| Injury Prevention Web | <http://www.injuryprevention.org/> | Org/Prog/Tools |
| Health in Action: Injury Prevention | <http://www.health-in-action.org/node/45> | Org/Prog/Tools |
| Alaska Injury Prevention Center | [http://www.alaska-ipc.org/`](http://www.alaska-ipc.org/%60) | Org/Prog/Tools |
| **Alcohol/Drug Addiction** |  |  |
| MedlinePlus: Alcohol | <http://www.nlm.nih.gov/medlineplus/alcohol.html> | General Health Info |
| MedlinPlus: Alchoholism | <http://www.nlm.nih.gov/medlineplus/alcoholism.html> | General Health Info |
| SAMHSA | <http://www.samhsa.gov/index.aspx> | Org/Prog/Tools |
| National Institute on Alcohol Abuse and Alcoholism | <http://www.niaaa.nih.gov/> | Org/Prog/Tools |
| womenshealth.gov:Alcoholism | <http://www.womenshealth.gov/minority/americanindian/alcoholism.cfm> | Our Health |
| NIAAA: Rethinking Drinking | <http://rethinkingdrinking.niaaa.nih.gov/> | General Health Info |
| UNM, Center on Alcoholism, Substance Abuse, and Addictions | <http://casaa.unm.edu/info.html> | General Health Info |
| Canadian Center on Substance Abuse | <http://www.ccsa.ca/Eng/Pages/Home.aspx> | Org/Prog/Tools |
| Center For Alaska Native Health Research: People Awakening Project | <http://canhr.uaf.edu/Research/PeopleAwakening.html> | Our Health |
| HIS Women's Health: Substance Abuse | <http://www.ihs.gov/MedicalPrograms/MCH/W/WHsubst.cfm> | Our Health |
| One Sky Center | <http://www.oneskycenter.org/> | Our Health |
| The NSDUH Report: Substance Use and Substance Use Disorders among American Indians and Alaska Natives | <http://www.oas.samhsa.gov/2k7/AmIndians/AmIndians.pdf> | Our Health |
| Univeristy of Alaska Anchorage: Center for Alcohol and Addiction Studies | <http://www.ichs.uaa.alaska.edu/CAAS/default.htm> | Our Health |
| Aboriginal Canada Portal: Addictions | <http://www.aboriginalcanada.gc.ca/acp/site.nsf/en/ao26134.html> | Our Health |
| **Drugs** |  |  |
| UNM, Center on Alcoholism, Substance Abuse, and Addictions | <http://casaa.unm.edu/info.html> | General Health Info |
| Canadian Center on Substance Abuse | <http://www.ccsa.ca/Eng/Pages/Home.aspx> | Org/Prog/Tools |
| HIS Women's Health: Substance Abuse | <http://www.ihs.gov/MedicalPrograms/MCH/W/WHsubst.cfm> | Our Health |
| One Sky Center | <http://www.oneskycenter.org/> | Our Health |
| The NSDUH Report: Substance Use and Substance Use Disorders among American Indians and Alaska Natives | <http://www.oas.samhsa.gov/2k7/AmIndians/AmIndians.pdf> | Our Health |
| Aboriginal Canada Portal: Addictions | <http://www.aboriginalcanada.gc.ca/acp/site.nsf/en/ao26134.html> | Our Health |
| National Institute on Drug Abuse | <http://www.nida.nih.gov/> | General Health Info |
| MedlinePlus: Durg Abuse | <http://www.nlm.nih.gov/medlineplus/drugabuse.html> | General Health Info |
| National Indian Country Methamphetamine Initiative | <http://www.ncai.org/meth/> | Our Health |
| **FAS** |  |  |
| HHS: Fetal Alcohol Spectrum Disorders Among Native Americans (PDF) | <http://download.ncadi.samhsa.gov/Prevline/pdfs/SMA06-4245.pdf> | Our Health |
| Alaska FASD Parent Support | <http://www.stonesoupgroup.org/index.cfm?section=Programs&page=FASD-Family-Support-Project> | Org/Prog/Tools |
| State of AK Office of FAS | <http://hss.state.ak.us/fas/> | Org/Prog/Tools |
| The FASD Center: Native Initiative | <http://fasdcenter.samhsa.gov/nativeinitiative/indexhtmlorflash.cfm> | Our Health |
| U fo Alaska Archorage: Arctic Fetal Alcohol Spectrum Disorders Regional Training Center | <http://www.uaa.alaska.edu/arcticfasdrtc/> | Our Health |
| CDC: Fetal Alcohol Spectrum Disorders | <http://www.cdc.gov/ncbddd/fas/> | General Health Info |
| National Organization on Fetal Alcohol Syndrom | <http://www.nofas.org/default.aspx> | Org/Prog/Tools |
| MedlinePlus: FAS | <http://www.nlm.nih.gov/medlineplus/fetalalcoholsyndrome.html> | General Health Info |
| Health Canada: First Nations, Inuit and Aboriginal Health: FAS | <http://www.hc-sc.gc.ca/fniah-spnia/famil/preg-gros/intro-eng.php> | Our Health |
| Voices From The Field: An Aboriginal View on FAS/FAE | <http://www.child-encyclopedia.com/pages/PDF/MaguireANGps.pdf> | Our Health |
| FASD Support Network of Saskatchwan Inc. | <http://www.skfasnetwork.ca/index.html> | Org/Prog/Tools |
| **Inhalants** |  |  |
| MedlinePlus: Inhalants | <http://www.nlm.nih.gov/medlineplus/inhalants.html> | General Health Info |
| National Inhalant Prevention Coalition | <http://www.inhalants.org/> | Org/Prog/Tools |
| Partnership for a Drug-Free American: Inhalants | <http://www.drugfree.org/Portal/Drug_Guide/Inhalants> | General Health Info |
| Inhalant Abuse in Indian Country (Report 2001) | <http://www.ssinar.com/PDFFiles/InhalMono7.PDF> | Our Health |
| **AIDS/HIV** |  |  |
| ANTHC: Community Drum Site | <http://www.communitydrum.org/> | Our Health |
| Four As: Alaskan AIDS Assistance Association | <http://www.alaskanaids.org/> | Orgs/Prog/Tools |
| 2007-2009 AK HIV Prevention Plan | <http://www.epi.hss.state.ak.us/hivstd/hppg/hivprevplan07.pdf> | General Health Info |
| HIV/AIDS Info: SIS/NLM | <http://sis.nlm.nih.gov/hiv/minorities.html#a4> | Our Health |
| HIV/AIDS Prevention:CDC | <http://www.cdc.gov/hiv/links.htm#links> | General Health Info |
| M+ AIDS | <http://www.nlm.nih.gov/medlineplus/aids.html> | General Health Info |
| Indian Health Service: HIV/AIDS Program | <http://www.ihs.gov/MedicalPrograms/HIVAIDS/index.cfm> | Our Health |
| ANTHC: HIV/AIDS Clincial Services | <http://www.anthc.org/cs/chs/hivclinic/> | Our Health |
| American Indian Health/HIV/AIDS: NLM | [http://americanindianhealth.nlm.nih.](http://americanindianhealth.nlm.nih.gov/hiv-aids.html) | Our Health |
| Womenshealth.gov: HIV/AIDS | <http://www.womenshealth.gov/minority/americanindian/hiv.cfm> | Our Health |
| Indian Health Service: HIV/AIDS Program/Research | <http://www.ihs.gov/MedicalPrograms/hivaids/index.cfm?module=research> | Our Health |
| National Native American AIDS Prevention Center | <http://www.nnaapc.org/index.htm> | Our Health |
| Canadian Aboriginal AIDS Network | <http://www.caan.ca/english/> | Our Health |
| AIDS.GOV | <http://www.aids.gov/> | General Health Info |
| **Arthritis** |  |  |
| MedlinePlus: Arthritis | <http://www.nlm.nih.gov/medlineplus/arthritis.html> | General Health Info |
| National Resource Center on Native American Aging Center for Rural Health: Arthritis in American Indian and Alaska Native Elders (PDF) | <http://ruralhealth.und.edu/pdf/fs_arthritis.pdf> | Our Health |
| National Institute on Aging: Arthritis Advice | <http://www.nia.nih.gov/NR/rdonlyres/22EFD504-1BFF-4BC1-86AC-A0E20D26A5BF/7593/Arthritis_Advice1.pdf> | General Health Info |
| National Institue of Arthritis and Musculoskeletal and Skin Diseases | <http://www.niams.nih.gov/default.asp> | General Health Info |
| Arthritis Foundation | <http://www.arthritis.org/> | Org/Prog/Tools |
| Arthritis Society of Canada | <http://www.arthritis.ca/arthritis%20home/default.asp?s=1> | Org/Prog/Tools |
| CDC: Arthritis | <http://www.cdc.gov/ARTHRITIS/index.htm> | General Health Info |
| State of Alaska: Alaska Arthritis Resources | <http://www.hss.state.ak.us/dph/chronic/arthritis/default.htm> | Org/Prog/Tools |
| **Cancer** |  |  |
| Indian Health Service: Women's Health Cancer | <http://www.ihs.gov/MedicalPrograms/MCH/W/CanCerv.cfm> | Our Health |
| Office of Native Cancer Survivorship | <http://www.oncs.org/homepage.html> | Our Health |
| National Cancer Institute: Cancer in Alaska Native Women (PDF) | <http://cancercontrol.cancer.gov/womenofcolor/pdfs/alaska_native-chapter.pdf> | Our Health |
| AK Native Tribal Health Consortium Cancer Ed. Videos | <http://www.arctichealth.org/anthcvideos.php> | Our Stories |
| Cancer Cause by Infectious Agents-Arctic Invest. Program | <http://www.cdc.gov/ncidod/aip/research/chronicdis.html> | Our Health |
| Native American Cancer Research | <http://natamcancer.org/> | Our Health |
| National Cancer Institute | <http://www.cancer.gov/> | General Health Info |
| Native CIRCLE | <http://www.nativeamericanprograms.org/index-circle.html> | Our Health |
| CDC: Colorectal Cancer Screening A circle of health for Alaskans | <http://www.cdc.gov/cancer/colorectal/pdf/CDCAKbrochure.pdf> | Our Health |
| Alaska Native Cancer Survival Report (PDF) | <http://surveillance.cancer.gov/documents/disparities/native/survivalreport.pdf> | Our Health |
| MedlinePlus | <http://www.nlm.nih.gov/medlineplus/cancer.html> | General Health Info |
| American Cancer Society | <http://www.cancer.org/docroot/home/index.asp> | General Health Info |
| American Indian Health Council | <http://aihc1998.tripod.com/health.html> | Our Health |
| Canadian Cancer Society | <http://www.cancer.ca/?sc_lang=en> | General Health Info |
| UCLA Center for Health Policy Research: American Indian and Alaska Native Cancer Fact Sheet (PDF) | <http://www.healthpolicy.ucla.edu/pubs/files/aian_cancer_FS_06042004.pdf> | Our Health |
| Voices of Strenth: Living After Cancer Treatment | <http://www.livestrong.org/atf/cf/%7BFB6FFD43-0E4C-4414-8B37-0D001EFBDC49%7D/brochure_aian.pdf> | Our Health |
| Native People's Circle of Hope | <http://nativepeoplescoh.org/> | Our Health |
| **Diabetes** |  |  |
| National Indian Council on Aging: Diabetes | [http://www.nicoa.org](http://www.nicoa.org/Diabetes_Education/home.html) | Our Health |
| American Diabetes Association: Native Americans and Diabetes | <http://www.diabetes.org/communityprograms-and-localevents/nativeamericans.jsp> | Our Health |
| Indian Health Service: Division of Diabetes Treatment and Prevention | <http://www.ihs.gov/MedicalPrograms/diabetes/index.cfm?module=home> | Our Health |
| Indian Health Service Women's Health: Diabetes | <http://www.ihs.gov/MedicalPrograms/MCH/W/WHdm.cfm> | Our Health |
| Association of American Indian Physicians: Resource guide (download) | <http://www.aaip.org/programs/diabetes/drg_download_form.htm> | Our Health |
| Association of American Indian Physicians: Diabetes | <http://www.aaip.org/programs/diabetes/diabetes.htm> | Our Health |
| Alaska Native Medical Center: Diabetes Program | <http://www.anmc.org/services/diabetes/> | Our Health |
| National Aboriginal Diabetes Association | <http://www.nada.ca/> | Our Health |
| National Diabetes Information Clearinghouse(NIDDK): American Indians and Alaska Natives and Diabetes | <http://diabetes.niddk.nih.gov/dm/pubs/americanindian/> | Our Health |
| Women'shealth.gov: Diabetes | <http://www.womenshealth.gov/minority/americanindian/diabetes.cfm> | Our Health |
| Alaska Diabetes Strategic Plan | <http://www.epi.alaska.gov/pubs/diabetes.pdf> | Org/Prog/Tool |
| CDC: Diabetes Public Health Resource | <http://www.cdc.gov/diabetes/> | General Health Info |
| MedlinePlus | <http://www.nlm.nih.gov/medlineplus/diabetes.html> | General Health Info |
| National Diabetes Education Program | <http://ndep.nih.gov/diabetes/AIAN/> | Org/Prog/Tool |
| American Indian Health Council | <http://aihc1998.tripod.com/health.html> | Our Health |
| Aboriginal Canada Portal: Diabetes | <http://www.aboriginalcanada.gc.ca/acp/site.nsf/en/ao26136.html> | Our Health |
| Urban Inuit Diabetes Awareness and Prevention | <http://www.inuitdiabetes.ca/index.html> | Our Health |
| **Heart Disease/Stroke** |  |  |
| American Heart Association | <http://www.americanheart.org/presenter.jhtml?identifier=1200000> | General Health Info |
| American Heart Association: American Indians/Alaska Natives and Cardiovascular Diseases (PDF) | <http://www.americanheart.org/downloadable/heart/1168553154544FS02AMIN07.pdf> | Our Health |
| CDC: American Indian and Alaska Native Heart Disease and Stroke Fact Sheet (PDF) | <http://www.cdc.gov/dhdsp/library/pdfs/fs_aian.pdf> | Our Health |
| CDC: Division for Heart Disease and Stroke Prevention | <http://www.cdc.gov/dhdsp/index.htm> | General Health Info |
| CDC: WISEWOMAN | <http://www.cdc.gov/WISEWOMAN/> | Org/Prog/Tool |
| Womenshealth.gov: Heart Disease | <http://www.womenshealth.gov/minority/americanindian/hd.cfm> | Our Health |
| Womenshealth.gov: Stroke | <http://www.womenshealth.gov/minority/americanindian/stroke.cfm> | Our Health |
| Indian Health Service Women's Health: Cardiovascular Disease | <http://www.ihs.gov/MedicalPrograms/MCH/W/WHcvd.cfm> | Our Health |
| CDC: Atlas of Heart Disease and Stroke Among American Indians and Alaska Natives | <http://www.cdc.gov/dhdsp/library/aian_atlas/index.htm> | Our Health |
| The Office of Minority Health: Heart Disease and American Indians/Alaska Natives | <http://www.omhrc.gov/templates/content.aspx?ID=3025> | Our Health |
| National Heart Lung and Blood Institute | <http://www.nhlbi.nih.gov/> | General Health Info |
| Heart and Stroke Foundation of Canada | <http://www.heartandstroke.com/site/c.ikIQLcMWJtE/b.2796497/k.BF8B/Home.htm?src=home> | General Health Info |
| Heart and Stroke Foundation of Canada: First Nations, Inuit & Metis Resources | <http://www.heartandstroke.com/site/c.ikIQLcMWJtE/b.3479041/k.FFD0/First_Nations_Inuit__M233tis_Resources.htm> | Our Health |
| American Indian Health Council | <http://aihc1998.tripod.com/health.html> | Our Health |
| The Heart The Drum (Video) | <http://hp2010.nhlbihin.net/thtd.ram> | Our Health |
| National Heart Lung and Blood Institute: Building Health Hearts for American Indians and Alaska | <http://www.nhlbi.nih.gov/health/prof/heart/other/na_bkgd.pdf> | Our Health |
| National Institute of Neurological Disorders and Stroke | <http://www.ninds.nih.gov/> | General Health Info |
| **Lung Diseases** |  |  |
| American Lung Association: Native Americans/Alaska Natives and Lung Disease Fact Sheet | <http://www.lungusa.org/site/apps/nlnet/content3.aspx?c=dvLUK9O0E&b=2058817&ct=3052551> | Our Health |
| American Lung Association | <http://www.lungusa.org/site/c.dvLUK9O0E/b.22542/k.CA6A/Home.htm> | General Health Info |
| National Heart Lung and Blood Institute: Lung Diseases Information | <http://www.nhlbi.nih.gov/health/public/lung/index.htm> | General Health Info |
| MedlinePlus | <http://www.nlm.nih.gov/medlineplus/lungdiseases.html> | General Health Info |
| Canadian Lung Association | <http://www.lung.ca/home-accueil_e.php> | General Health Info |
| American Lung Association of Alaska | <http://www.aklung.org/> | General Health Info |
| **Elders** |  |  |
| University of Alaska Archorage National Resource Center for American Indian, Alaska Native and Native Hawaiian Elders | <http://elders.uaa.alaska.edu/> | Our Health |
| Indian Health Service: Elder Care Initiative | <http://www.ihs.gov/MedicalPrograms/ElderCare/index.cfm?module=home> | Our Health |
| NIH Senior Health | <http://nihseniorhealth.gov/index.html> | General Health Info |
| Center for Rural Health: Native Aging Factsheets | <http://ruralhealth.und.edu/publications/3> | Our Health |
| CDC: Healthy Aging for Older Adults | <http://www.cdc.gov/aging/> | General Health Info |
| National Indian Council On Aging | <http://www.nicoa.org/index.html> | Our Health |
| National Resource Center for American Indian, Alaskan Native, and Native Hawaiian Elders: Edler Abuse Among Alaska Natives (PDF) | <http://elders.uaa.alaska.edu/Publications/yr1_4elder-abuse.pdf> | Our Health |
| **Dementia** |  |  |
| MedlinePlus | <http://www.nlm.nih.gov/medlineplus/dementia.html> | General Health Info |
| Mayo Clinic | <http://www.mayoclinic.com/health/dementia/DS01131> | General Health Info |
| National Institute on Aging | <http://www.nia.nih.gov/> | General Health Info |
| National Resource Center for Safe Aging | <http://www.safeaging.org/default.asp> | General Health Info |
| **Food Safety/Toxins** |  |  |
| Helping Hands-Botulism prevention | <http://www2a.cdc.gov/phtn/botulism/default/default.asp> | Our Health |
| USA.gov: Gateway to Government Food Safety Information | [http://www.foodsafety.gov](http://www.foodsafety.gov/) | Org/Prog/Tools |
| FDA: Eating Outdoors, Handling Food Safetly | <http://www.fda.gov/Food/ResourcesForYou/Consumers/ucm109899.htm> | General Health Info |
| The Alaska Native Traditional Food Safety Monitoring Program (powerpoint) | <http://www.epa.gov/osp/tribes/announce/NatForum%20Present/4_31.pdf> | Our Health |
| Nativescience.org: Food and Nutrition Research Information | <http://www.nativescience.org/html/Nutrition_and_Food.html> | Our Health |
| Nativescience.org: Alaska Wild Food Safety | <http://www.nativescience.org/html/AWFS.html> | Our Health |
| Partnership for Food Safety Education: Fight Bac! | <http://www.fightbac.org/> | General Health Info |
| State of Alaska Food Safety & Sanitation Program: Consumer Information | <http://www.dec.state.ak.us/EH/fss/consumers/consumers.html> | Org/Prog/Tools |
| The Use of Traditional Foods in a Healthy Diet in Alaska: Risks in Perspective (PDF) | <http://www.epi.hss.state.ak.us/bulletins/docs/rr1998_01.pdf> | General Health Info |
| Use of Traditional Foods in a Healthy Diet in AK: Risks in Perspective Second Edition: Volume 1. PCBs and Related Compounds (PDF) | <http://epi.alaska.gov/bulletins/docs/rr2004_07.pdf> | General Health Info |
| Use of Traditional Foods in a Healthy Diet in AK: Risks in Perspective. Vol. 2 Mercury (PDF) | <http://www.epi.hss.state.ak.us/bulletins/docs/rr2004_11.pdf> | General Health Info |
| MedlinePlus: Food Safety | <http://www.nlm.nih.gov/medlineplus/foodsafety.html> | General Health Info |
| Nunat.net | <http://www.nunat.net/index.php> | Our Health |
| Office of Tribal Affairs: Agency for Toxic Substances and Disease Registry | <http://www.atsdr.cdc.gov/tribal/related.html> | Our Health |
| U.S. Environmental Protection Agency | <http://www.epa.gov/> | Org/Prog/Tools |
| Health Canada: Food Safety | <http://www.hc-sc.gc.ca/fn-an/securit/index-eng.php> | Org/Prog/Tools |
| Health Canada: Environmental and Workplace Health | <http://www.hc-sc.gc.ca/ewh-semt/index-eng.php> | Org/Prog/Tools |
| First Nations Environmental Health Innovation Network | <http://www.fnehin.ca/> | Our Health |
| Alaska Community Action on Toxics | <http://www.akaction.org/> | Org/Prog/Tools |
| Indegenous Environmental Network | <http://www.ienearth.org/> | Our Health |
| The First Nations Centre @ NAHO: Nutrition | <http://www.naho.ca/firstnations/english/public_nutrition.php> | Our Health |
| National Aboriginal Health Organization: Publications: Environmental Health | <http://www.naho.ca/english/pub_environmental.php> | Our Health |
| Public Health Agency of Canada: Food Safety | <http://www.phac-aspc.gc.ca/fs-sa/index-eng.php> | Org/Prog/Tools |
| CDC: National Center for Environmental Health | <http://www.cdc.gov/NCEH/> | Org/Prog/Tools |
| Aleut International Association: Survey of Local and Traditional Knowledge about Paralytic Shellfish Poisoning in Alaskan and Russian Aleut Communities (PDF) | <http://www.aleut-international.org/files/Download/PSP%20LTK%20Survey%20Final%20Report.pdf> | Our Health |
| **Dental Health** |  |  |
| Indian Health Service: An Oral Health Survey of American Indian and Alaska Native Dental Patients: Findings, Regional Differences and National Comparisons (PDF) | <http://www.ihs.gov/MedicalPrograms/Dental/downloads/Oral_Health_1999_IHS_Survey.pdf> | Our Health |
| National Institute of Dental and Craniofacial Research: Oral Health | <http://www.nidcr.nih.gov/OralHealth/> | General Health Info |
| American Dental Association | <http://www.ada.org/> | Org/Prog/Tools |
| CDC: Division of Oral Health | <http://www.cdc.gov/OralHealth/> | General Health Info |
| State of Alaska: Oral Health Resources and Links | <http://www.hss.state.ak.us/dph/wcfh/Oralhealth/resources_links.htm> | Org/Prog/Tools |
| The Office of Minority Health: Racial and Ethnic Specific Oral Health Data Fact Sheet | <http://www.omhrc.gov/templates/browse.aspx?lvl=3&lvlid=209> | General Health Info |
| MedlinePlus: Dental Health | <http://www.nlm.nih.gov/medlineplus/dentalhealth.html> | General Health Info |
| Canadian Dental Association | <http://www.cda-adc.ca/en/oral_health/index.asp> | Org/Prog/Tools |
| **Exercise** |  |  |
| CDC: Physical Activity for Everyone | <http://www.cdc.gov/physicalactivity/everyone/guidelines/index.html> | General Health Info |
| MedlinePlus: Exercise and Physical Fitness | <http://www.nlm.nih.gov/medlineplus/exerciseandphysicalfitness.html> | General Health Info |
| American Diabetes Association: Fitness | <http://www.diabetes.org/food-nutrition-lifestyle/fitness.jsp> | Org/Prog/Tools |
| Just Move It | <http://www.justmoveit.org/jmi/home.htm> | Our Health |
| NAHO: Health Living | <http://www.naho.ca/healthyliving/english/about.php> | Our Health |
| National Heart Lung and Blood Institute: Aim for a Healthy Weight | <http://www.nhlbi.nih.gov/health/public/heart/obesity/lose_wt/patmats.htm> | Org/Prog/Tools |
| CDC: The Eagle's Nest | <http://www.cdc.gov/diabetes/eagle/> | Our Health |
| State of Alaska: Live Well | <http://www.livewell.alaska.gov/employees/active/> | Org/Prog/Tools |
| **Nutrition** |  |  |
| NAHO: Metis Centre: Metis Cookbook and Guide to Health Living | <http://www.naho.ca/metiscentre/english/documents/Cookbook_SecondEdition_003.pdf> | Our Health |
| Nativescience.org: Food and Nutrition Research Information | <http://www.nativescience.org/html/Nutrition_and_Food.html> | Our Health |
| AK Traditional Knowledge and Native Foods Database | <http://www.nativeknowledge.org/start.htm> | Our Health |
| The First Nations Centre @ NAHO: Nutrition | <http://www.naho.ca/firstnations/english/public_nutrition.php> | Our Health |
| Health Canada: Eating Well with Canada's Food Guide-First Nations, Inuit and Metis | <http://www.hc-sc.gc.ca/fn-an/food-guide-aliment/fnim-pnim/index-eng.php> | Our Health |
| American Dietetic Association | <http://www.eatright.org/cps/rde/xchg/ada/hs.xsl/index.html> | Org/Prog/Tools |
| United States Department of Agriculture: Nutrition Education | <http://www.fns.usda.gov/fns/nutrition.htm> | Org/Prog/Tools |
| MedlinePlus: Nutrition | <http://www.nlm.nih.gov/medlineplus/nutrition.html> | General Health Info |
| Alaska Dietetic Association | <http://www.eatrightalaska.org/public.html> | Org/Prog/Tools |
| CDC: The Eagle's Nest | <http://www.cdc.gov/diabetes/eagle/> | Our Health |
| HIV/AIDS and STDs |  |  |
| ANTHC: Community Drum Site | <http://www.communitydrum.org/> | Our Health |
| Four As: Alaskan AIDS Assistance Association | <http://www.alaskanaids.org/> | Orgs/Prog/Tools |
| 2007-2009 AK HIV Prevention Plan (PDF) | <http://www.epi.hss.state.ak.us/hivstd/hppg/hivprevplan07.pdf> | General Health Info |
| HIV/AIDS Info: SIS/NLM | <http://sis.nlm.nih.gov/hiv/minorities.html#a4> | Our Health |
| HIV/AIDS Prevention:CDC | <http://www.cdc.gov/hiv/links.htm#links> | General Health Info |
| M+ AIDS | <http://www.nlm.nih.gov/medlineplus/aids.html> | General Health Info |
| Indian Health Service: HIV/AIDS Program | <http://www.ihs.gov/MedicalPrograms/HIVAIDS/index.cfm> | Our Health |
| ANTHC: HIV/AIDS Clincial Services | <http://www.anthc.org/cs/chs/hivclinic/> | Our Health |
| American Indian Health/HIV/AIDS: NLM | <http://americanindianhealth.nlm.nih.gov/hiv-aids.html> | Our Health |
| Womenshealth.gov: HIV/AIDS | <http://www.womenshealth.gov/minority/americanindian/hiv.cfm> | Our Health |
| Indian Health Service: HIV/AIDS Program/Research | <http://www.ihs.gov/MedicalPrograms/hivaids/index.cfm?module=research> | Our Health |
| National Native American AIDS Prevention Center | <http://www.nnaapc.org/index.htm> | Our Health |
| Canadian Aboriginal AIDS Network | <http://www.caan.ca/english/> | Our Health |
| AIDS.GOV | <http://www.aids.gov/> | General Health Info |
| **Chlamydia/Other STDs** |  |  |
| MedlinePlus: Chlamydia Infections | <http://www.nlm.nih.gov/medlineplus/chlamydiainfections.html> | General Health Info |
| MedlinePlus: Sexually Transmitted Diseases | <http://www.nlm.nih.gov/medlineplus/sexuallytransmitteddiseases.html> | General Health Info |
| HIS: HIV/STD Prevention Guidelines for Native American Communities: American Indians, Alaska Natives, & Native Hawaiians (PDF) | <http://www.ihs.gov/MedicalPrograms/hivaids/docs/Prevention.pdf> | Our Health |
| CDC: Genital Human Papillomavirus (HPV) (PDF) | <http://www.cdc.gov/std/hpv/common/ai/ai.pdf> | Our Health |
| Womenshealth.gov: STDs | <http://www.womenshealth.gov/minority/americanindian/stds.cfm> | Our Health |
| National Institute of Allergy and Infectious Diseases: Chlamydia | <http://www3.niaid.nih.gov/topics/chlamydia/default.htm> | General Health Info |
| National Institute of Allergy and Infectious Diseases: STIs | <http://www3.niaid.nih.gov/topics/sti/default.htm> | General Health Info |
| National Coalition of STD Directors: STDs in Alaska Natives (PDF) | <http://www.ncsddc.org/upload/wysiwyg/documents/Fact_Sheets/ALASKA.pdf> | Our Health |
| Hepatitis A- Arctic Investigations Program | <http://www.cdc.gov/ncidod/aip/research/hepatitis/hep_a.html> | Our Health |
| Hepatitis B-Arctic Investigations Program | <http://www.cdc.gov/ncidod/aip/research/hepatitis/hep_b.html#program_b> | Our Health |
| Hepatitis C -Arctic Investigations Program | <http://www.cdc.gov/ncidod/aip/research/hepatitis/hep_c.html> | Our Health |
| Northwest Portland Area Indian Health Board: Project Red Talon | <http://npaihb.pmhclients.com/epicenter/project/project_red_talon/> | Our Health |
| CDC: Sexually Transmitted Diseases | <http://www.cdc.gov/std/default.htm> | General Health Info |
| National Collaborating Centre for Infectious Diseases | <http://www.nccid.ca/en/home> | General Health Info |
| State of Alaska Epidemiology Bulletin: Chlamydia trachomatis Infection-Alaska, 2008 (PDF) | <http://www.epi.hss.state.ak.us/bulletins/docs/b2009_13.pdf> | General Health Info |
| CDC: National Prevention Information Network | <http://www.cdcnpin.org/> | General Health Info |
| Pauktuutit: Sexual Health, HIV/AIDS & Hepatitis C | <http://www.pauktuutit.ca/hiv/main.html> | Our Health |
| American Social Health Association | <http://www.ashastd.org/> | Org/Prog/Tools |
| **Dementia** |  |  |
| MedlinePlus | <http://www.nlm.nih.gov/medlineplus/dementia.html> | General Health Info |
| Mayo Clinic | <http://www.mayoclinic.com/health/dementia/DS01131> | General Health Info |
| National Institute on Aging | <http://www.nia.nih.gov/> | General Health Info |
| National Resource Center for Safe Aging | <http://www.safeaging.org/default.asp> | General Health Info |
| **Depression** |  |  |
| National Network for Aboriginal Mental Health Research | <http://www.namhr.ca/index.php> | Our Health |
| State of Alaska and CDC: Depression and Anxiety Disparities and Comorbidities in Alaskan Adults (Research Poster) | <http://www.hss.state.ak.us/dph/chronic/hsl/brfss/pubs/Depression_Anxiety_2009.pdf> | Our Health |
| MedlinePlus: Depression | <http://www.nlm.nih.gov/medlineplus/depression.html> | General Health Info |
| HealthyPlace.com | <http://www.healthyplace.com/> | General Health Info |
| Indian Health Service: American Indian and Alaska Native Suicide Prevention Website | <http://www.ihs.gov/NonMedicalPrograms/nspn/> | Our Health |
| National Alliance on Mental Illness: Alaska | <http://www.nami.org/MSTemplate.cfm?MicrositeID=111> | Org/Prog/Tools |
| National Alliance on Mental Illness: American Indian and Alaska Natives Communities Mental Health Facts (PDF) | <http://www.nami.org/ContentManagement/ContentDisplay.cfm?ContentFileID=32231> | Our Health |
| Indian Health Service: Behavioral Health | <http://www.ihs.gov/MedicalPrograms/Behavioral/> | Our Health |
| National Institute of Mental Health | <http://www.nimh.nih.gov/index.shtml> | General Health Info |
| SAMHSA's National Mental Health Information Center | <http://mentalhealth.samhsa.gov/> | General Health Info |
| Substance Abuse & Mental Health Services Administration | <http://www.samhsa.gov/> | General Health Info |
| SAMHSA's Resource Center to Promote Acceptance, Dignity and Social Inclusion Associated with Mental Health (ADS Center) | <http://stopstigma.samhsa.gov/> | Org/Prog/Tools |
| One Sky Center | <http://www.oneskycenter.org/> | Our Health |
| MayoClinic: Depression | <http://www.mayoclinic.com/health/depression/DS00175> | General Health Info |
| Depression and Bipolar Support Alliance | <http://www.dbsalliance.org/site/PageServer?pagename=home> | Org/Prog/Tools |
| National Aboriginal Health Organization: Mental Health and Addictions Publications | <http://www.naho.ca/english/pub_addictions.php> | Our Health |
| Health Canada: First Nations, Inuit and Aboriginal Health Mental Health and Wellness | <http://www.hc-sc.gc.ca/fniah-spnia/promotion/mental/index-eng.php> | Our Health |
| **Suicide** |  |  |
| SAMHSA's National Mental Health Information Center | <http://mentalhealth.samhsa.gov/> | General Health Info |
| National Institute of Mental Health | <http://www.nimh.nih.gov/index.shtml> | General Health Info |
| National Aboriginal Health Organization: Suicide Prevention Publications | <http://www.naho.ca/english/pub_suicide.php> | Our Health |
| National Strategy for Suicide Prevention | <http://mentalhealth.samhsa.gov/suicideprevention/> | General Health info |
| AK Suicide Follow-back Study Final Report: Sept2003-Aug2006 | <http://library.state.ak.us/asp/edocs/2007/07/ocn156912770.pdf> | General Health Info |
| National Aboriginal Health Organization: Honouring Life Network | <http://www.honouringlife.ca/> | Our Health |
| Centre for Suicide Prevention (Canada) | <http://www.suicideinfo.ca/> | Org/Prog/Tools |
| Indian Health Service: American Indian and Alaska Native Suicide Prevention Website | <http://www.ihs.gov/NonMedicalPrograms/nspn/> | Our Health |
| National Network for Aboriginal Mental Health Research | <http://www.namhr.ca/index.php> | Our Health |
| One Sky: A guide to Suicide Prevention | <http://www.oneskycenter.org/documents/AGuidetoSuicidePreventionDRAFT.pdf> | Our Health |
| State of Alaska Statewide Suicide Prevention Council | <http://www.hss.state.ak.us/suicideprevention/> | Org/Prog/Tools |
| Suicide Prevention Resource Center | <http://www.sprc.org/> | Org/Prog/Tools |
| MedlinePlus: Suicide | <http://www.nlm.nih.gov/medlineplus/suicide.html> | General Health Info |
| Health Canada: First Nations, Inuit and Aboriginal Health Mental Health and Wellness | <http://www.hc-sc.gc.ca/fniah-spnia/promotion/mental/index-eng.php> | Our Health |
| **Tobacco** |  |  |
| MedlinePlus: Smoking | <http://www.nlm.nih.gov/medlineplus/smoking.html> | General Health Info |
| HIS: Women's Health Substance Abuse | <http://www.ihs.gov/MedicalPrograms/MCH/W/WHsubst.cfm> | Our Health |
| Womenshealth.gov: Smoking | <http://www.womenshealth.gov/quitsmoking/index.cfm> | General Health Info |
| Womenshealth.gov: Minority Women's HealthSmoking | <http://www.womenshealth.gov/minority/americanindian/smoking.cfm> | Our Health |
| American Lung Association: Smoking and American Indians/Alaska Natives Fact Sheet | <http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=35999> | Our Health |
| American Lung Association | <http://www.lungusa.org/site/c.dvLUK9O0E/b.22542/k.CA6A/Home.htm> | Org/Prog/Tools |
| Native American Cancer Research: Native American Tobacco Education Fact Sheets | <http://natamcancer.org/factsheets.html> | Our Health |
| National Heart Lung and Blood Institute: Honoring the Gift of Heart Health for American Indians | <http://www.nhlbi.nih.gov/health/public/heart/other/amer-indian_risk/sec7/index.htm> | Our Health |
| The First Nations Centre @ NAHO: Tobacco | <http://www.naho.ca/firstnations/english/public_tobacco.php> | Our Health |
| Tobaccowise.com | <http://www.tobaccowise.com/> | Our Health |
| Health Canada: First Nations, Inuit and Aboriginal Health Tobacco | <http://www.hc-sc.gc.ca/fniah-spnia/substan/tobac-tabac/index-eng.php> | Our Health |
| Tobaccofreekids.org: Native Americans & Tobacco Use (PDF) | <http://www.tobaccofreekids.org/research/factsheets/pdf/0251.pdf> | Our Health |
| **Traditional Healing** |  |  |
| **ALSO TAKE RESOURCE FROM TRADITIONAL HEALING SECTION OF WEBSITE** |  |  |
| Alaska Native Traditional Healing | <http://altmed.creighton.edu/AKNative/> | Our Health |
| Alaska Native Knowledge Network: Traditional Health, Medicine and Healing | <http://ankn.uaf.edu/IKS/health.html> | Our Health |
| Canadian AIDS Treatment Information Exchange: A Practical Guide to Complementary Therapies for People Living With HIV (PDF) | [http://www.catie.ca/pdf/PG\_CAM/CAM\_rvsd\_05\_ENG\_Web.pdf](http://www.catie.ca/pdf/PG_CAM/CAM_rvsd_05_ENG_web.pdf) | Org/Prog/Tools |
| National Aboriginal Health Organization: Traditional Health and Healing | <http://www.naho.ca/english/tk.php> | Our Health |
| **Assault** |  |  |
| The Center for Alcohol and Addictions Studies, The Institute for Circumpolar Health Studies: Alaska Natives Combating Substance Abuse and Related Violence Through Self-Healing: A Report for the People (PDF) | <http://www.ichs.uaa.alaska.edu/caas/projects/report_afn.pdf> | Our Health |
| National Crime Prevention Council | <http://www.ncpc.org/> | Org/Prog/Tools |
| Violence Against American Indian and Alaska Native Women and the Criminal Justice Response: What is Known (Report, PDF) | <http://www.ncjrs.gov/pdffiles1/nij/grants/223691.pdf> | Our Health |
| Alaska Network on Domestic Violence & Sexual Assault | <http://www.andvsa.org/> | Org/Prog/Tools |
| Indian Health Service: Violence Against Native Women | <http://www.ihs.gov/MedicalPrograms/MCH/V/index.cfm> | Our Health |
| Public Health Agency of Canada: National Clearinghouse on Family Violence | <http://www.phac-aspc.gc.ca/ncfv-cnivf/index-eng.php> | Org/Prog/Tools |
| Family Violence Prevention Fund | <http://endabuse.org/> | Org/Prog/Tools |
| Womenshealth.gov: Violence | <http://www.womenshealth.gov/minority/americanindian/violence.cfm> | Our Health |
| State of Alaska: The Alaskan Family Violence Prevention Project | <http://www.hss.state.ak.us/DPH/ipems/injury_prevention/akfvpp/default.htm> | Org/Prog/Tools |
| S.T.A.R. Alaska | <http://www.staralaska.com/scripts/home.asp> | Org/Prog/Tools |
| Amnesty International USA: Violence against Native American and Alaskan Native Women | <http://www.amnestyusa.org/violence-against-women/maze-of-injustice/page.do?id=1021163> | Org/Prog/Tools |
| National Online Resource Center on Violence Against Women: Native Resources | <http://new.vawnet.org/category/index_pages.php?category_id=633> | Org/Prog/Tools |
| Rape Abuse & Incest National Network | <http://www.rainn.org/> | Org/Prog/Tools |
| National Sexual Violence Resource Center | <http://www.nsvrc.org/> | Org/Prog/Tools |
| Aborginal Canada Portal: Aborignal Women and Family Violence (PDF) | <http://www.phac-aspc.gc.ca/ncfv-cnivf/familyviolence/pdfs/fem-abor_e.pdf> | Our Health |
| Alaska Native Women's Coalition | <http://www.jacotainc.com/> | Our Health |
| Aborginal Canada Portal: Aborginal Elder Abuse in Canada (PDF) | <http://www.aboriginalcanada.gc.ca/acp/site.nsf/en/ao26874.html> | Our Health |
| National Aboriginal Circle Against Family Violence | <http://www.nacafv.ca/en/index.html> | Our Health |
| Coalition to Stop Violence Against Native Women | <http://www.csvanw.org/index.htm> | Our Health |
| National Strategy To Prevent Abuse in Inuit Communities and Sharing Knowledge, Sharing Wisdom. A Guide to the National Strategy (PDF) | <http://www.pauktuutit.ca/pdf/publications/abuse/InuitStrategy_e.pdf> | Our Health |
| Department of Justice Canada: Understanding Family Violence and Sexual Assault in the Territories, First Nations, Inuit and Metis Peoples (Report, PDF) | <http://www.canadajustice.ca/eng/pi/rs/rep-rap/2008/rr08_1/index.html> | Our Health |
| **Child Abuse** |  |  |
| Public Health Agency of Canada: National Clearinghouse on Family Violence-Child Abuse | <http://www.phac-aspc.gc.ca/ncfv-cnivf/nfntsnegl-eng.php> | Org/Prog/Tools |
| National Aboriginal Circle Against Family Violence | <http://www.nacafv.ca/en/index.html> | Our Health |
| State of Alaska: Alaska Children's Trust | <http://www.hss.state.ak.us/ocs/ChildrensTrust/> | Org/Prog/Tools |
| Native American Children's Alliance | <http://www.nativechildalliance.org/> | Our Health |
| National Indian Child Welfare Association | <http://www.nicwa.org/> | Our Health |
| The National Children's Advocacy Center | <http://www.nationalcac.org/> | Org/Prog/Tools |
| Resource Center for Parents and Children (Alaska) | <http://www.rcpcfairbanks.org/index.htm> | Org/Prog/Tools |
| National Center for Missing and Exploited Children | <http://www.ncmec.org/missingkids/servlet/PublicHomeServlet?LanguageCountry=en_US> | Org/Prog/Tools |
| MedlinePlus.gov: Child Abuse | <http://www.nlm.nih.gov/medlineplus/childabuse.html> | General Health Info |
| Rid Alaska of Child Abuse | <http://www.ridalaskaofchildabuse.org/> | Org/Prog/Tools |
| Child Welfare Information Gateway | <http://www.childwelfare.gov/> | Org/Prog/Tools |
| **Domestic Violence** |  |  |
| Alaska Network on Domestic Violence & Sexual Assault | <http://www.andvsa.org/> | Org/Prog/Tools |
| Family Wellness Warriors Initiative | <http://www.fwwi.org/> | Our Health |
| Information for Victims of Domestic Violence-AK State Troopers | <http://www.dps.state.ak.us/ast/domesticviolence/> | Our Health |
| Indian Health Service: Violence Against Native Women | <http://www.ihs.gov/MedicalPrograms/MCH/V/index.cfm> | Our Health |
| Public Health Agency of Canada: National Clearinghouse on Family Violence | <http://www.phac-aspc.gc.ca/ncfv-cnivf/index-eng.php> | Org/Prog/Tools |
| Womenshealth.gov: Violence | <http://www.womenshealth.gov/minority/americanindian/violence.cfm> | Our Health |
| Alaska Native Women's Coalition | <http://www.jacotainc.com/> | Our Health |
| Coalition to Stop Violence Against Native Women | <http://www.csvanw.org/index.htm> | Our Health |
| Department of Justice Canada: Understanding Family Violence and Sexual Assault in the Territories, First Nations, Inuit and Metis Peoples (Report, PDF) | <http://www.canadajustice.ca/eng/pi/rs/rep-rap/2008/rr08_1/index.html> | Our Health |
| Mending the Sared Hoop | <http://www.msh-ta.org/> | Our Health |
| Tribal Court Clearinghouse: Domestic Violence Resources | <http://www.tribal-institute.org/lists/domestic.htm> | Our Health |
| Women of Color Network: Factsheets | <http://womenofcolornetwork.org/publications/index.php> | Org/Prog/Tools |
| The Center for Alcohol and Addictions Studies, The Institute for Circumpolar Health Studies: Alaska Natives Combating Substance Abuse and Related Violence Through Self-Healing: A Report for the People (PDF) | <http://www.ichs.uaa.alaska.edu/caas/projects/report_afn.pdf> | Our Health |
| National Strategy To Prevent Abuse in Inuit Communities and Sharing Knowledge, Sharing Wisdom. A Guide to the National Strategy (PDF) | <http://www.pauktuutit.ca/pdf/publications/abuse/InuitStrategy_e.pdf> | Our Health |
| Aborginal Canada Portal: Aborignal Women and Family Violence (PDF) | <http://www.phac-aspc.gc.ca/ncfv-cnivf/familyviolence/pdfs/fem-abor_e.pdf> | Our Health |
| National Aboriginal Circle Against Family Violence | <http://www.nacafv.ca/en/index.html> | Our Health |
| Amnesty International USA: Violence against Native American and Alaskan Native Women | <http://www.amnestyusa.org/violence-against-women/maze-of-injustice/page.do?id=1021163> | Org/Prog/Tools |
| National Coalition Against Domestic Violence | <http://www.ncadv.org/> | Org/Prog/Tools |
| Womenshealth.gov: Violence | <http://www.womenshealth.gov/minority/americanindian/violence.cfm> | Our Health |
| Medlineplus.gov: Domestic Violence | <http://www.nlm.nih.gov/medlineplus/domesticviolence.html> | General Health Info |
| Aborginal Healing Foundation: Aborginal Domestic Violence in Canada (PDF) | <http://74.125.47.132/search?q=cache:66DjZb2Upl8J:www.ahf.ca/pages/download/28_38+aborginal+domestic+violence+in+canda&cd=1&hl=en&ct=clnk&gl=us> | Our Health |
| **Homicide** |  |  |
| National Crime Prevention Council | <http://www.ncpc.org/> | Org/Prog/Tools |
| Native Women's Association of Canada: Sisters in Spirit | <http://www.nwac-hq.org/en/index.html> | Our Health |
| State of Alaska: Alaska Violent Death Reporting System (PDF) | <http://www.hss.state.ak.us/dph/ipems/AKVDRS/assets/AKVDRS.pdf> | Org/Prog/Tools |
| Coalition to Stop Violence Against Native Women | <http://www.csvanw.org/index.htm> | Our Health |
| National Aboriginal Circle Against Family Violence | <http://www.nacafv.ca/en/index.html> | Our Health |
| Women, Infants, and Children |  |  |
| **Child Abuse** |  |  |
| Public Health Agency of Canada: National Clearinghouse on Family Violence-Child Abuse | <http://www.phac-aspc.gc.ca/ncfv-cnivf/nfntsnegl-eng.php> | Org/Prog/Tools |
| National Aboriginal Circle Against Family Violence | <http://www.nacafv.ca/en/index.html> | Our Health |
| State of Alaska: Alaska Children's Trust | <http://www.hss.state.ak.us/ocs/ChildrensTrust/> | Org/Prog/Tools |
| Native American Children's Alliance | <http://www.nativechildalliance.org/> | Our Health |
| National Indian Child Welfare Association | <http://www.nicwa.org/> | Our Health |
| The National Children's Advocacy Center | <http://www.nationalcac.org/> | Org/Prog/Tools |
| Resource Center for Parents and Children (Alaska) | <http://www.rcpcfairbanks.org/index.htm> | Org/Prog/Tools |
| National Center for Missing and Exploited Children | <http://www.ncmec.org/missingkids/servlet/PublicHomeServlet?LanguageCountry=en_US> | Org/Prog/Tools |
| MedlinePlus.gov: Child Abuse | <http://www.nlm.nih.gov/medlineplus/childabuse.html> | General Health Info |
| Rid Alaska of Child Abuse | <http://www.ridalaskaofchildabuse.org/> | Org/Prog/Tools |
| Child Welfare Information Gateway | <http://www.childwelfare.gov/> | Org/Prog/Tools |
| **Domestic Violence** |  |  |
| Alaska Network on Domestic Violence & Sexual Assault | <http://www.andvsa.org/> | Org/Prog/Tools |
| Family Wellness Warriors Initiative | <http://www.fwwi.org/> | Our Health |
| Information for Victims of Domestic Violence-AK State Troopers | <http://www.dps.state.ak.us/ast/domesticviolence/> | Our Health |
| Indian Health Service: Violence Against Native Women | <http://www.ihs.gov/MedicalPrograms/MCH/V/index.cfm> | Our Health |
| Public Health Agency of Canada: National Clearinghouse on Family Violence | <http://www.phac-aspc.gc.ca/ncfv-cnivf/index-eng.php> | Org/Prog/Tools |
| Womenshealth.gov: Violence | <http://www.womenshealth.gov/minority/americanindian/violence.cfm> | Our Health |
| Alaska Native Women's Coalition | <http://www.jacotainc.com/> | Our Health |
| Coalition to Stop Violence Against Native Women | <http://www.csvanw.org/index.htm> | Our Health |
| Department of Justice Canada: Understanding Family Violence and Sexual Assault in the Territories, First Nations, Inuit and Metis Peoples (Report, PDF) | <http://www.canadajustice.ca/eng/pi/rs/rep-rap/2008/rr08_1/index.html> | Our Health |
| Mending the Sared Hoop | <http://www.msh-ta.org/> | Our Health |
| Tribal Court Clearinghouse: Domestic Violence Resources | <http://www.tribal-institute.org/lists/domestic.htm> | Our Health |
| Women of Color Network: Factsheets | <http://womenofcolornetwork.org/publications/index.php> | Org/Prog/Tools |
| The Center for Alcohol and Addictions Studies, The Institute for Circumpolar Health Studies: Alaska Natives Combating Substance Abuse and Related Violence Through Self-Healing: A Report for the People (PDF) | <http://www.ichs.uaa.alaska.edu/caas/projects/report_afn.pdf> | Our Health |
| National Strategy To Prevent Abuse in Inuit Communities and Sharing Knowledge, Sharing Wisdom. A Guide to the National Strategy (PDF) | <http://www.pauktuutit.ca/pdf/publications/abuse/InuitStrategy_e.pdf> | Our Health |
| Aborginal Canada Portal: Aborignal Women and Family Violence (PDF) | <http://www.phac-aspc.gc.ca/ncfv-cnivf/familyviolence/pdfs/fem-abor_e.pdf> | Our Health |
| National Aboriginal Circle Against Family Violence | <http://www.nacafv.ca/en/index.html> | Our Health |
| Amnesty International USA: Violence against Native American and Alaskan Native Women | <http://www.amnestyusa.org/violence-against-women/maze-of-injustice/page.do?id=1021163> | Org/Prog/Tools |
| National Coalition Against Domestic Violence | <http://www.ncadv.org/> | Org/Prog/Tools |
| Womenshealth.gov: Violence | <http://www.womenshealth.gov/minority/americanindian/violence.cfm> | Our Health |
| Medlineplus.gov: Domestic Violence | <http://www.nlm.nih.gov/medlineplus/domesticviolence.html> | General Health Info |
| Aborginal Healing Foundation: Aborginal Domestic Violence in Canada (PDF) | <http://74.125.47.132/search?q=cache:66DjZb2Upl8J:www.ahf.ca/pages/download/28_38+aborginal+domestic+violence+in+canda&cd=1&hl=en&ct=clnk&gl=us> | Our Health |
| **FAS** |  |  |
| HHS: Fetal Alcohol Spectrum Disorders Among Native Americans (PDF) | <http://download.ncadi.samhsa.gov/Prevline/pdfs/SMA06-4245.pdf> | Our Health |
| Alaska FASD Parent Support | <http://www.stonesoupgroup.org/index.cfm?section=Programs&page=FASD-Family-Support-Project> | Org/Prog/Tools |
| State of AK Office of FAS | <http://hss.state.ak.us/fas/> | Org/Prog/Tools |
| The FASD Center: Native Initiative | <http://fasdcenter.samhsa.gov/nativeinitiative/indexhtmlorflash.cfm> | Our Health |
| U fo Alaska Archorage: Arctic Fetal Alcohol Spectrum Disorders Regional Training Center | <http://www.uaa.alaska.edu/arcticfasdrtc/> | Our Health |
| CDC: Fetal Alcohol Spectrum Disorders | <http://www.cdc.gov/ncbddd/fas/> | General Health Info |
| National Organization on Fetal Alcohol Syndrom | <http://www.nofas.org/default.aspx> | Org/Prog/Tools |
| MedlinePlus: FAS | <http://www.nlm.nih.gov/medlineplus/fetalalcoholsyndrome.html> | General Health Info |
| Health Canada: First Nations, Inuit and Aboriginal Health: FAS | <http://www.hc-sc.gc.ca/fniah-spnia/famil/preg-gros/intro-eng.php> | Our Health |
| Voices From The Field: An Aboriginal View on FAS/FAE | <http://www.child-encyclopedia.com/pages/PDF/MaguireANGps.pdf> | Our Health |
| FASD Support Network of Saskatchwan Inc. | <http://www.skfasnetwork.ca/index.html> | Org/Prog/Tools |
| **Ear Infections** |  |  |
| Medlineplus.gov: Ear Infections | <http://www.nlm.nih.gov/medlineplus/earinfections.html> | General Health Info |
| Mayoclinic.gov: Ear Infections | <http://www.mayoclinic.com/health/ear-infections/DS00303> | General Health Info |
| Kidshealth.org: Ear Infections | <http://kidshealth.org/parent/infections/ear/otitis_media.html> | General Health Info |
| National Institute on Deafness and Other Communication Disorders | <http://www.nidcd.nih.gov/> | General Health Info |
| American Academy of Pediatrics | <http://www.aap.org/healthtopics/earinfections.cfm> | General Health Info |
| Alaska Native Medical Center: Department of Ear, Nose and Throat | <http://www.anmc.org/services/ent/> | Our Health |
| **Immunizations/Vaccines** |  |  |
| Public Health Agency of Canada: Immunizations & Vaccines | <http://www.phac-aspc.gc.ca/im/index-eng.php> | General Health Info |
| CDC: Protect the Circle of Life | <http://www.cdc.gov/vaccines/spec-grps/ai-an.htm> | Our Health |
| Indian Health Service: Immunization | <http://www.ihs.gov/NonMedicalPrograms/HPDP/index.cfm?module=focus&option=immunization&newquery=1> | Our Health |
| CDC: National Center for Immunization and Respiratory Diseases | <http://www.cdc.gov/ncird/> | General Health Info |
| CDC: Vaccines and Immunizations | <http://www.cdc.gov/vaccines/> | General Health Info |
| The Office of Minority Health: Immunizations and American Indians/Alaska Natives | <http://www.omhrc.gov/templates/content.aspx?lvl=2&lvID=52&ID=3029> | Our Health |
| Medlineplus.gov: Immunization | <http://www.nlm.nih.gov/medlineplus/immunization.html> | General Health Info |
| State of Alaska: Alaska Immunization Program | <http://www.epi.hss.state.ak.us/id/immune.stm> | Org/Prog/Tools |
| Plain Talk About Childhood Immunizations | <http://www.kingcounty.gov/healthServices/health/communicable/immunization/PlainTalk.aspx> | General Health Info |
| Immunization Action Coalition | <http://www.immunize.org/> | Org/Prog/Tools |
| Institute for Vaccine Safety | <http://www.vaccinesafety.edu/> | General Health Info |
| National Network for Immunization Information | <http://www.immunizationinfo.org/> | Org/Prog/Tools |
| CDC Features: Infectious Diseases in Arctic Populations | <http://www.cdc.gov/Features/ArcticHealth/> | Our Health |
| Alaska Native Tribal Health Consortium: Immunization Program | <http://www.anthc.org/chs/crs/immunization/index.cfm> | Our Health |
| Health Canada: Misconceptions about Vaccine Safety | <http://www.hc-sc.gc.ca/hl-vs/iyh-vsv/med/misconception-eng.php> | General Health Info |

## APPENDIX IV

**Possible Collaborations/Partnerships or Groups to put on Site**

\*Already on site

1. Alaska Native Tribal Health Consortium\* <http://www.anthc.org/>
   1. Alaska Native Medical Center
   2. Division of Environmental Health and Engineering
   3. **Division of Community Health Services**
   4. Consortium Business Support Services

“Non-profit health organization owned and managed by tribal governments and their regional health organization…works closely with tribes, Native health organizations, the state of Alaska, and municipalities.”

Have many possible items of interest, including audiovisual media on HIV/AIDS “Breaking the Cycle and a traditional food guide for Alaska Native cancer survivors.

1. University of Alaska Anchorage Institute of Social and Economic Research: ALASKOOL <http://www.iser.uaa.alaska.edu/>
   1. “The Alaska Native Curriculum and Teacher Development Project (ANCTD) brings together teams of teachers, elders, and community members in various parts of Alaska with university-based specialists to develop curricula on Alaska Native studies and language…”

Project based on curriculum development but their resources could possibly lead into development of curriculum or resources of health information based on the Alaska Native population. Already has information on subsistence, traditional life, and women.

1. Alaska Native Health Board <http://www.anhb.org/>
   1. “The ANHB, established in 1968, is recognized as the statewide voice on Alaska Native health issues. The purpose of the Alaska Native Health Board is to promote the spiritual, physical, mental, social, and cultural wellbeing and pride of Alaska Native people. “

The Board discusses health issues affecting all of Alaska’s regions, issues are identified and strategies are developed. Possible partnerships to acquire their information, make contact with their constituents, and increase Arctichealth.gov visibility to an entity such as this.

1. University of Manitoba: Aboriginal Health Collection and Information Services/University of New Mexico Native Health Database\*
   1. NM Native Health Database includes items from U of Manitoba. We have NM Native Health Database on the Arctic site but could possible collaborate with them to pull out specific health information resources for Arctic site so user doesn’t have to search their database?
2. Nunavut Arctic College <http://www.arcticcollege.ca/Default_eng.aspx>
   1. “Provides support to our students in all areas of their development so that they can achieve personally set goals, become well equipped to contribute and serve their families and communities and begin able to participate and contribute as Nunavut takes on new roles in the global community.”

Already have many publications on their Website, not too many on health issues but could collaborate with them to acquire any health information they may have that is not on the site and possibly acquire items from their community. (Nunavut Research Institute)

1. University of the Arctic <http://www.uarctic.org/Frontpage.aspx?m=3>
   1. “The University of the Arctic is a cooperative network of universities, colleges, and other organizations committed to higher education and research in the North…Our overall goal is to create a strong, sustainable circumpolar region by empowering northerners and northern communities through education and shared knowledge.”

Possible information on research of northern peoples from their areas of study

1. University of Alaska Anchorage Institute for Circumpolar Health Studies\* <http://www.ichs.uaa.alaska.edu>

Unsure if the Site is already using their resources/research.

1. SouthEast Alaska Regional Health Consortium <http://www.searhc.org/index.html>
   1. “Non-profit tribal health consortium of 18 Native communities which serves the interests of the Tlingit, Haida, Tsimshian, and other Native people of Southeast Alaska…our highest priority is to be responsive to the needs of those communities.”

Some health information on their site, possible collaboration to obtain cultural health items from the organization or their community.

1. Alaska Inter-Tribal Council <http://www.aitc.org/>
   1. “The Alaska Inter-Tribal Council is a statewide, Tribally-Governed non-profit organization that advocates in support of Tribal governments throughout the state.

Possible resource to acquire information on health policy of Native Alaskans.

1. Arctic Athabaskan Council <http://www.arcticathabaskancouncil.com/>
   1. “The AAC is an international treaty organization established to represent the interests of United States and Canadian Athabaskan member First Nation governments in Arctic Council for a, and to foster a greater understanding of the common heritage of all Athabaskan peoples of Arctic North America..”

Have some information on their site.

1. Aleut International Association
   1. “The organization was formed to address environmental and cultural concerns of the extended Aleut family whose wellbeing has been connected to the rich resources of the Bering Sea for millennia. Russian and American Aleuts are separated by distances, borders and the International Date Line but united by the great Bering Sea and the North Pacific. Today, not only does the Aleut community share the resources of the region but the environmental problems as well. The need to understand global processes, such as transboundary contaminants transport, the impacts of climate change, and the effects of commercial fisheries on the ecosystem of the Bering Sea to   
      name a few, was an impetus in joining in the work of international fora where AIA is actively pursuing collaboration with governments, scientists, and other organizations in developing programs and policies that could improve the wellbeing of the Aleut people and their environment. “

Some publications on their site, possible collaboration to acquire information, or at least put them as a resource on Arctichealth.org.

1. International Union for Circumpolar Health: Working groups <http://www.iuch.net/groups.php>
   1. “The Working Groups share the general goals and objectives of the IUCH. By focusing on specific fields of interest within circumpolar health, the Working Groups promote and encourage closer collaboration between individuals and institutions involved in improving the health of circumpolar populations through the exchange of practical experience and research data, and the eventual development of comparable systems and strategies for conducting surveillance, surveys, analytical studies, experimental studies, field trials of interventions, demonstration programs, and so on.”

ArcticHealth.org has many of the resources on their site. Possible collaboration with the working groups may increase arctichealth.org’s visibility as well as increasing partnerships with other institutions they work with.

1. Institute for Circumpolar Health Research <http://www.ichr.ca/>
   1. “The Institute for Circumpolar Health Research grew out of the Arctic Health Research Network, founded in 2005 by Northern community members, doctors, academics, and scientists who believed that advancing the health and wellness of Northern people and communities as an important area of scientific inquiry and public policy. As part of this tri-territorial initiative, ICHR focuses on specifically on bringing people, facilities, and resources to bear on health-related research in the Northwest Territories, as well as on raising health and wellness issues throughout the region’s communities.”

Some publications on their site, possible collaboration to acquire information, or at least put them as a resource on Arctichealth.org.

1. Arctic Research Consortium of the U.S. \* <http://www.arcus.org/>
   1. “The Arctic Research Consortium of the U.S. (ARCUS), based in Fairbanks, Alaska, was formed in 1988 as a nonprofit member consortium of educational and scientific institutions that have a substantial commitment to arctic research. ARCUS facilitates discussion of important arctic research initiatives, produces science reports with research community recommendations for arctic science priorities, and distributes information resources to the arctic research community. ARCUS activities are funded through member dues and contracts and grants with federal and private entities.

ARCUS is a non-profit corporation consisting of institutions organized and operated for educational, professional, or scientific purposes. “

Already listed on Website as a resource. Are there items to acquire?

1. Canadian Arctic Resources Committee <http://www.carc.org/index.php>
   1. “CARC is a citizens' organization dedicated to the long-term environmental and social well being of northern Canada and its peoples. We believe in the application of sustainable development and the precautionary principle. Our policy and advocacy work is grounded in solid scientific and socio-economic research and experience.”

Some publications on their site, possible collaboration to acquire information, or at least put them as a resource on Arctichealth.org.

1. ArcticNet <http://www.arcticnet.ulaval.ca/>
   1. ArcticNet is a Network of Centres of Excellence that brings together scientists and managers in the natural, human health and social sciences with their partners in Inuit organizations, northern communities, federal and provincial agencies and the private sector to study the impacts of climate change in the coastal Canadian Arctic. Over 100 ArcticNet researchers from 27 Canadian universities and 5 Federal departments collaborate with research teams in the USA, Japan, Denmark, Sweden, Norway, Poland, the United Kingdom, Spain, Russia, Greenland and France.”

Some publications on their site, possible collaboration to acquire information, or at least put them as a resource on Arctichealth.org.

1. Scott Polar Research Institute <http://www.spri.cam.ac.uk/>
   1. “The Institute is a well-known and long-established centre for research into both polar regions. It is part of the University of Cambridge and is a sub-department of the Department of Geography. We have several research groups investigating a range of issues in both the environmental sciences and social sciences of relevance to the Arctic and Antarctica. Our polar library, which includes the Shackleton Memorial Library, has comprehensive holdings of scholarly books and journals on polar research, with exceptional archival collections from the exploration of the Antarctic and Arctic. We also have extensive online resources, including bibliographic and other information.”

Possible collaboration to acquire items (photographs) or at least them as a resource/database. Not all Native information, based on both polar regions.

1. Alaska Federation of Natives <http://www.nativefederation.org/>

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* 1. “The Alaska Federation of Natives (AFN) is the largest statewide Native organization in Alaska. Its membership includes 178 villages (both federally-recognized tribes and village corporations), 13 regional Native corporations and 12 regional nonprofit and tribal consortiums that contract and run federal and state programs. AFN is governed by a [37-member Board](http://www.nativefederation.org/about/board.php), which is elected by its membership at the annual convention held each October. The mission of AFN is to enhance and promote the cultural, economic and political voice of the entire Alaska Native community.”

Possible collaboration may increase arctichealth.org’s visibility as well as increasing partnerships with other institutions they work with.

1. Alaska Native Heritage Center <http://www.alaskanative.net/>
   1. “An educational and cultural institution for all Alaskans, the Alaska Native Heritage Center provides programs in both academic and informal settings, including workshops, demonstrations, and guided tours of indoor exhibits and outdoor village sites.”

Possible collaboration may increase arctichealth.org’s visibility, may acquire resources, as well as increasing partnerships with other institutions they work with.

1. Alaska Native Knowledge Network <http://www.ankn.uaf.edu/>
   1. “The Alaska Native Knowledge Network (ANKN) is an AKRSI partner designed to serve as a resource for compiling and exchanging information related to Alaska Native knowledge systems and ways of knowing. It has been established to assist Native people, government agencies, educators and the general public in gaining access to the knowledge base that Alaska Natives have acquired through cumulative experience over millennia.”

Possible collaboration may increase arctichealth.org’s visibility, may acquire resources, as well as increasing partnerships with other institutions they work with. Has been recommended as a resource on Arctichealth.org.

1. Inuit Circumpolar Council (Alaska, Canada, Russia, Greenland) <http://www.inuit.org/index.asp?lang=eng>
   1. “The Inuit Circumpolar Council (ІСС) is the international organization representing approximately 160.000 Inuit living in the Arctic regions of Alaska, Canada, Greenland and Chukotka, Russia. The principal goals of ІСС are: To strengthen unity among Inuit of the Circumpolar region. To promote Inuit rights and interests on the international level. To ensure and further develop Inuit culture and society for both the present and future generations. To seek full and active participation in the political, economic, and social development in our homelands. To develop and encourage long-term policies which safeguard the Arctic environment. To work for international recognition of the human rights of all Indigenous Peoples.”

Possible collaboration may increase arctichealth.org’s visibility as well as increasing partnerships with other institutions they work with.

1. Center for Alaska Native Health Research <http://canhr.uaf.edu/>
   1. “The Center for Alaska Native Health Research (CANHR) is developing unique biomedical knowledge and translating it into research for the prevention and reduction of health disparities among Alaska Natives. CANHR was established in 2001 through a five-year grant awarded by the National Institutes of Health, National Center for Research Resources to the University of Alaska Fairbanks. In 2007 the NIH renewed the center’s grant for $11 million for another five years to build on CANHR’s research findings on obesity and its relationship to diabetes and cardiovascular disease among Alaska Natives.”

Possible collaboration may increase arctichealth.org’s visibility, may acquire resources, as well as increasing partnerships with other institutions they work with.

1. ????Alaska Women’s Network <http://www.alaskawomensnetwork.org/>
   1. “The purpose of the Alaska Women's Network is to empower Alaskan women through the sharing of information, education and support, and through encouraging the development of skills which will enable women to assume leadership roles in building a better world.”

Possible collaboration may increase arctichealth.org’s visibility, may acquire resources, as well as increasing partnerships with other institutions/people they work with. Not all Alaska Native specific.

1. First Alaskans Institute <http://www.firstalaskans.org/>
   1. “First Alaskans Institute helps develop the capacities of Alaska Native people and their communities to meet the social, economic and educational challenges of the future, while fostering positive relationships among all segments of our society. The Institute does this through community engagement, information and research, collaboration, and leadership development. First Alaskans is a non-profit charitable organization whose purpose is to advance Alaska Natives.”

Possible collaboration may increase arctichealth.org’s visibility, may acquire resources, as well as increasing partnerships with other institutions/people they work with.

1. Alaska Humanities Forum <http://www.akhf.org/>
   1. "The mission of the Alaska Humanities Forum is to use the wisdom and methods of the humanities to enrich the civic, intellectual and cultural life of all Alaskans."

Possible collaboration may increase arctichealth.org’s visibility, may acquire resources, as well as increasing partnerships with other institutions/people they work with. Not all Alaska Native specific.

1. Old Minto: Cultural Heritage and Education Institute <http://www.ankn.uaf.edu/ANCR/Athabascan/CHEI/index.html>
   1. “The Cultural Heritage and Education Institutes’ mission is threefold- to Share, Educate and Restore; share Athabascan cultural knowledge and skills, educate youth and adults on how to be sober productive participants in native Athabascan and non-native western cultures and restore the spiritual site of Old Minto and the history of a past village. In pursuing this mission, CHEI's programs have given people the world over awareness of the Athabascan "ways of knowing". They have instilled pride in community children and given them tools to overcome the crippling presence and lure of substance abuse. These programs have also helped bring the Minto community together into a more cohesive unit, empowering the youth with abilities and confidence, and enabling all to be more capable of coping with the diversity between native and non-native value systems.”

Possible collaboration may increase arctichealth.org’s visibility, may acquire resources, as well as increasing partnerships with other institutions/people they work with. Not all Alaska Native specific.

1. Fairbanks Native Association <http://www.fairbanksnative.org/>
   1. “To provide quality services in a professional manner for its membership and the greater Fairbanks community. These services are provided through special and innovative programs, which preserves the membership’s unique lifestyle and culture, while improving the quality of life for the community.”

Possible collaboration may increase arctichealth.org’s visibility, may acquire resources, as well as increasing partnerships with other institutions/people they work with. Not all Alaska Native specific.

1. Centers for American Indian and Alaska Native Health University of Colorado Denver <http://aianp.uchsc.edu/>
   1. “The mission for the Centers for American Indian and Alaska Native Health (CAIANH) is to promote the health and well-being of American Indians and Alaska Natives, of all ages, by pursuing research, training, continuing education, technical assistance, and information dissemination within a biopsychosocial framework that recognizes the unique cultural contexts of this special population.”

ArcticHealth.org has many of the resources on their site. Possible collaboration with the working groups may increase arctichealth.org’s visibility as well as increasing partnerships with other institutions they work with.

1. Yukon-Kuskokwim Health Corporation <http://www.ykhc.org/>
   1. “YKHC administers a comprehensive health care delivery system for 50 rural communities in southwest Alaska. The system includes community clinics, sub- regional clinics, a regional hospital, dental services, behavioral health services including substance abuse counseling and treatment, health promotion and disease prevention programs, and environmental health services. YKHC is a Tribal Organization authorized by each the 58 federally recognized Tribal councils its service area to negotiate with the Federal Indian Health Service to provide health care services under Title III of the Indian Self-Determination and Education Assistance Act of 1975. YKHC, along with 12 other Tribal Organizations, is a co-signer to the Alaska Tribal Health Compact, a consortium which secures annual funding agreements with the federal government to provide health care services to Alaska Natives and Native Americans throughout the state.”

Possible collaboration may increase arctichealth.org’s visibility, may acquire resources, as well as increasing partnerships with other institutions/people they work with. Not all Alaska Native specific.

1. Alaska Native Science Commission\* <http://www.nativescience.org/>
   1. “The Alaska Native Science Commission (ANSC) was established in 1994 to bring together research and science in partnership with the Native community. It serves as a clearinghouse for proposed research, an information base for ongoing and past research and an archive for significant research involving the Native community. ANSC provides information, referral and networking services for researchers seeking active partners in the Native community and communities seeking research partners.”

Possible collaboration may increase arctichealth.org’s visibility, may acquire resources, as well as increasing partnerships with other institutions they work with. Has been recommended as a resource on Arctichealth.or

1. <http://americanindianhealth.nlm.nih.gov/> [↑](#footnote-ref-1)
2. <http://www.eric.ed.gov/ERICDocs/data/ericdocs2sql/content_storage_01/0000019b/80/34/45/53.pdf> [↑](#footnote-ref-2)
3. <http://elders.uaa.alaska.edu/resources/if-artic-survival_1983.pdf> [↑](#footnote-ref-3)
4. <http://www.nlm.nih.gov/medlineplus/criteria.html> [↑](#footnote-ref-4)
5. <http://sis.nlm.nih.gov/enviro/envirohealthlinkscriteria.html> [↑](#footnote-ref-5)
6. <http://icch2009.circumpolarhealth.org/> [↑](#footnote-ref-6)