1. In the outer trapezoids, each person in your group should list three things that promote healthy life.
2. After all group members have listed their ideas, discuss your lists and complete the four sentences in the inner rectangle.

List 3 things that promote good health.

1. In order to be healthy, we need _____________.
2. ___________________ keeps us healthy.
3. Everyone should _________________ to be healthy.
4. ___________________ helps us stay healthy.

List 3 things that promote good health.

http://www.nlm.nih.gov/againsttheodds/