Knowledge Quest: Hawaiian Star Compass

**Instructions:** Explore the "Hawaiian Star Compass" activity in order to:

- learn about the types of information and knowledge recorded on the compass;
- consider why they were important to the ancient Polynesian navigators, and
- write your opinions on how the traditional voyaging was tied to people’s health then and now.

**Record your findings and thoughts by answering the following questions:**

a. What types of environmental observations are recorded?

b. Why are these important for traditional voyaging?

c. How does the traditional voyaging tie to one’s health?

http://www.nlm.nih.gov/avoyagetohealth