

La Casa De Las Madres

Everyone deserves to be safe
A Refuge
An Advocate
A Strong Voice
Against Domestic Violence

Scrapbook Project 2011!

Hey Rebecca! Thank you for everything that you have teach us I did learn a lot! Thanks for the snack and for showing us that girls don't always have to be controlled by a boy. Thank you so much.

Mission

Scrapbook Project 2011

When you come right down to it, the secret of having it all is believing that you do.

Limitless

I am here to Live out loud

Girl power

Boys & girls club

Girl power

She's the one, Votes for Women

It's your life girls, Smart. Incredible, Queen, Don't change your body...change your jeans! Don't cover me, legendary. Raising the Bar, You Rock, Teen spirit

We got each others backs..FOREVER

Rebecca

Dallas Cowboys, the 80's, Phoebe

Margot

Lindsay

Go Ducks!!

Love, live your best life, go everywhere. Wipe that smile on your face. Life is about moments, family, go off-road

Power & Control

Threatened to kill me." Says a pal "She was truly fearing for her life and the lives of her children." He verbally abused her for it; she also said he "shoved her" Cheating & betrayal, forcing it, crazed, strikes, hit, trapped, Custody dispute, she filed to secure a restraining order, fear, fighting, jealousy, secret life, [He] threatened me that I 'better not tell anybody.'"

Physical Violence: Power & Control

Sexual Coercion:

- Manipulating partner into sex, including using guilt trips or threats

- Unwanted touching
- Pressuring partner for sex
- ‘Playful’ use of force during sex
- Treating partner like object
- Sexual harassment
- Drugging someone/having sex while they are too drunk or high to make a clear decision about whether they want to have sex

Financial/Economic Abuse

- Preventing partner from getting/keeping a job
- Keeping a partner on an allowance
- Making partner give you his/her money
- Expecting partner to always pay for dates or buy you things
- Using someone for their money
- Expecting sexual acts in return for spending money on partner

Sexism

- Discrimination based on gender
- Using the belief that males are superior to females, or that males have certain privileges that females should not have, to justify controlling partner
- Being the one to define male/female roles
- Expecting the male to make all the big decisions
- “Rules” for the relationship that are not the same for both partners

Using Children

- Pressuring partner to get pregnant
- Using children as a way of creating dependency
- Threatening to take away children or not allow contact with the children
- Hurting or threatening to hurt the children
- Telling or threatening to tell the children negative about the partner
- Threatening to report partner to child welfare

Denying, Minimizing and Blaming

- Denying the abuse or acting like it’s not that serious
- Not taking partners concerns about the abuse seriously
- Saying the partner ‘brought on’ the abuse by something s/he did or didn’t do, or saying s/he deserves the abuse
- Not taking responsibility for one’s own behavior

Isolation & Extreme Jealousy

- Controlling who partner is friends with, where s/he goes, what s/he does
- Not letting partner work or be involved in his/her own activities
- Keeping constant tabs on partner, including through pager or cell phone
- Accusing partner of cheating without good reason

Intimidation & Threats

- Using looks/actions/gestures/voice to scare partner
- Throwing/smashing things, showing weapons, destroying property, punching walls or other objects
- ‘Play fighting’ that is meant to show strength and power over partner

- Threatening to hurt partner or someone s/he cares about
- Threatening to commit suicide

Emotional/Verbal Abuse

- Constant criticism, name-calling, put-downs
- Playing mind games
- Embarrassing or humiliating partner
- Built-trips
- The 'silent' treatment
- Spreading rumors or telling secrets
- Insulting partner's race or heritage
- Damaging partner's personal property

Love, equality, smile, talk, compromise, They Teach Their Kids, understand, gain & give, happy home life, protect, supports her!

Non-Violence

Sexual Safety: Both partners are able to say "no" to any sexual behavior they are not comfortable with, honor and respect each other's sexual decisions, communicate about sex, and practice "safe sex" if sexually active.

Financial/Economic Independence: Both partners control their own money and negotiate about shared expenses. When gifts are given they given freely and without expectation for anything in return. There are no demands for money or material items.

Negotiation and Fairness: Both partners have equal decision-making power and are willing to compromise. Rules and agreements are made together and apply equally to both.

Responsible Parenting: Communicating and making responsible decisions about pregnancy. If parenting, sharing responsibilities and being positive, non-violence role models for children.

Honesty and Accountability: Accepting responsibility for one's own actions. Acknowledging mistakes and admitting when wrong. Communicating openly and truthfully. Trusting partner and being trustworthy.

Connections with Others: Both partners maintain friendships and family relationship with others, enjoy activities outside of the relationship and make their own decision about where they go, what they do and who they hang out with.

Trust and Support: Encouraging partner's goals, pointing out talents and strengths, valuing their feelings and opinions even when different from own. Respecting privacy. Listening non-judgmentally.

Non-threatening behavior: Taking and acting so both partners feel comfortable expressing their opinions and making their own decisions. Both always feel safe around the other.

Who could settle for anything less..., Never hide, Speak out!, Speak up!, ambition, take action., break the rules, live your best life, invent the future, empowering your confidence
Say NO to bullying and domestic violence. Say YES to speaking up now., survivor, on her own

Take a risk..., change your life, be healthy, experience life, & love

Trip to zeum

Your music & movies, your voice, live the dream

Mural: Walk

Resolve, confidence Latina, guts, gaby

Follow your heart to your ideal destination, yo yo, comedy, movies, be sexy, smart, be happy, love, joy, as unique as you are, eating, hope, L.A. Latina, thank you mom, family, weaving both cultures together with all the advantages of aqui and allá, is our challenge., excitement, drive