Warm-up Activity

Instructions: Take a look at the two posters illustrating and promoting healthy daily activities for Chinese youth. Then consider and compare your own daily activities in the US with those depicted on the posters. What are the similarities and differences in your and the poster activities?

在中国（中国）
 gargle after meal;
 在海报中，孩子在盆里洗脸和洗手，水可能被煮沸并倒入盆中。没有水槽，他将水吐入一个在20世纪50年代广泛使用的便器中。大多数家庭没有现代设施的浴室。他们不每天洗澡或洗澡，因为燃料和时间煮沸水来为整个家庭。住在大城市的人可能会去公共浴室。

在中国和美国（中国和美国）
 wash face and brush teeth every day;
 wash hands before a meal;
 play with friends

在美国（美国）
 use dental floss and brush teeth after meal;
 The hygiene activities take place in the modern bathroom with sink and unlimited supply of running hot water. Most Americans take shower every day; they often wash hair at the same time.

http://www.nlm.nih.gov/hmd/about/exhibition/education/LPchineseHygiene